



WASHINGTON WIC PROGRAM

Washington State WIC Manual
Notice of Revision



Date: 8/26/2024

Notice Number: 2024-02

<input checked="" type="checkbox"/> Volume 1	<input type="checkbox"/> Volume 2
Chapter: 14 – Nutrition Risk Criteria	
Section: See Table of Revisions	
Policy/Recommendation/Description/Procedure:	
Type of Action/Change: <input checked="" type="checkbox"/> Supersedes <input type="checkbox"/> New <input type="checkbox"/> Delete	
If you have questions about this revision or wish additional copies, call or write:	
<p>Department of Health Washington WIC Program P.O. Box 47886 Olympia WA 98504-7886 Call: 1-800-841-1410</p>	

Explanation of Revisions:

- This chapter was updated to align with Cascades 3.11 making High Weight Gain in the 2nd & 3rd trimester high risk for Pregnant participants.

Attachments:

Memo

Manual Revision

Other _____

This institution is an equal opportunity provider.
Washington State WIC Nutrition Program doesn't discriminate.



Volume 1, Chapter 14 – Nutrition Risk Criteria
 Table of Revisions

Policy/Page	Revision	Comments
Risk Factor Summary List - Pregnant p. 6	Added High Risk designation for 2 nd & 3 rd trimesters for the following risks: <ul style="list-style-type: none"> • High Weight Gain - BMI < 18.5 (HR 2nd & 3rd tri) • High Weight Gain - BMI 18.5 - 24.9 (HR 2nd & 3rd tri) • High Weight Gain - BMI 25.0 - 29.9 (HR 2nd & 3rd tri) • High Weight Gain BMI >= 30 (HR 2nd & 3rd tri) 	Cascades 3.11 automatically assigns high risk for pregnant participants who have a high rate of weight gain in the 2 nd & 3 rd trimesters.
High Weight Gain (133) p. 147 - 150	Added High Risk designation for 2 nd & 3 rd trimesters.	