



## Required Activities for the 2024 Nutrition Service Plan (updated 8/2024)

(Oct 1, 2023 – Sept 30, 2024)

<b>Training or Activity</b>	<b>Who</b>	<b>What</b>	<b>Estimated Training Time</b>	<b>Complete By</b>	<b>Federal Cost Category</b>
<b>Breast Pump Inventory</b>  Lactation Support Objective B1	Staff responsible for breast pumps at local agency	<ul style="list-style-type: none"><li>Track and maintain multi and single use electric breast pumps monthly.</li><li>Complete breast pump inventory spreadsheet (provided by state WIC) and submit the completed spreadsheet to <a href="mailto:WICbreastpumps@doh.wa.gov">WICbreastpumps@doh.wa.gov</a>.</li></ul>	Varies by agency	January 31, 2024	Breastfeeding
<b>Lead screening and referral</b>  Nutrition Services Objective A1a	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"><li>Complete the 2024 Lead Screening and Referral training module in the Learning Center.</li></ul> <b>OR</b> <ul style="list-style-type: none"><li>Complete the 2024 Lead Screening and Referral training supplement if staff completed the 2023 Lead Screening and Referral Training.</li><li>Discuss implementation of policy and practices following the training or at a staff meeting.</li></ul>	30-minute training	March 31, 2024	Client Services
<b>Immunization screening and referral</b>  Nutrition Services Objective A2	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"><li>Complete the immunization screening and referral training module in the Learning Center.</li><li>Discuss implementation of policy and practices following the training or at a staff meeting.</li></ul>	20-minute training	April 30, 2024	Client Services



## Required Activities for the 2024 Nutrition Service Plan (updated 8/2024)

(Oct 1, 2023 – Sept 30, 2024)

<b>Training or Activity</b>	<b>Who</b>	<b>What</b>	<b>Estimated Training Time</b>	<b>Complete By</b>	<b>Federal Cost Category</b>
<b>Stay Healthy (exit) counseling for pregnant, breastfeeding, and non-breastfeeding participants</b>  Nutrition Services Objective A3	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"><li>• Complete the Stay Healthy (exit) counseling training module in the Learning Center.</li><li>• Discuss implementation of policy and practices following the training or at a staff meeting.</li></ul>	30-minute training	June 30, 2024	Nutrition Education
<b>Comprehensive Nutrition Assessment</b>  Nutrition Services Objective A4	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"><li>• Complete nutrition assessment training module in the Learning Center.</li><li>• Discuss implementation of policy and practices following the training or at a staff meeting.</li></ul>	60-minute training	September 27, 2024	Client Services
<b>Nutrition Risk Assignment</b>  Nutrition Services Objective A4	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"><li>• Complete nutrition risk assignment module in the Learning Center</li><li>• Discuss implementation of policy and practices following the training or at a staff meeting.</li></ul>	60-minute training	September 27, 2024	Client Services



## Required Activities for the 2024 Nutrition Service Plan (updated 8/2024)

(Oct 1, 2023 – Sept 30, 2024)

<b>Training or Activity</b>	<b>Who</b>	<b>What</b>	<b>Estimated Training Time</b>	<b>Complete By</b>	<b>Federal Cost Category</b>
<b>Train the Trainer: Breastfeeding Curriculum</b>  Lactation Support Objective B2	Peer Counselor Leads and staff who provide training using the breastfeeding curriculum platform.	<ul style="list-style-type: none"> <li>Complete the Train the Trainer: Breastfeeding Curriculum training (live or recorded session).</li> <li><a href="#">DOH State WIC Breastfeeding Curriculum Train the Trainer</a></li> <li>Discuss implementation of policy and practices following the training or at a staff meeting.</li> </ul>	<b>Four Parts:</b> Part 1: 1 hour, 30 min Part 2: 1 hour, 30 min Part 3: 1 hour, 30 min Part 4: 1 hour, 30 min	September 30, 2024	Breastfeeding
<b>Engage partners in community-based breastfeeding support</b>  Lactation Support Objective B3	Breastfeeding Coordinator and staff	<ul style="list-style-type: none"> <li>Select one way to engage partners to improve community-based breastfeeding support – use the list in NSP Instructions or identify another way and share details.</li> <li>Participate in engagement activities and report activities at the end of the federal fiscal year.</li> </ul>	Varies depending on agency and activities	September 30, 2024	Breastfeeding
<b>Online Ordering</b>  Participant Shopping Experience Objective C1	Coordinators and all staff	<ul style="list-style-type: none"> <li>Local staff complete training to learn about online ordering and how to support participants who choose this option.</li> <li>Discuss implementation of policy and practices following the training or at a staff meeting.</li> </ul>	30-minute training	*January 30, 2025	Client Services



# Required Activities for the 2024 Nutrition Service Plan (updated 8/2024)

(Oct 1, 2023 – Sept 30, 2024)

<b>Training or Activity</b>	<b>Who</b>	<b>What</b>	<b>Estimated Training Time</b>	<b>Complete By</b>	<b>Federal Cost Category</b>
<b>Participant centered nutrition education and required nutrition education documentation</b>  Nutrition Services Objective A5	Coordinators, Nutritionists, Certifiers (CPAs), and frontline staff who provide nutrition education	<ul style="list-style-type: none"> <li>Complete participant centered nutrition education and required nutrition education documentation training in the Learning Center.</li> <li>Discuss implementation of policy and practices following the training or at a staff meeting.</li> <li>This activity will carry over to the 2025 NSP.</li> </ul>	60-minute training	*December 31, 2024	Nutrition Education
<b>Drug and other harmful substance information</b>  Nutrition Services Objective A6	Coordinators, Nutritionists, and Certifiers (CPAs)	<ul style="list-style-type: none"> <li>Complete drug and other harmful substance information training module in the Learning Center.</li> <li>Discuss implementation of policy and practices following the training or at a staff meeting.</li> <li>This activity will carry over to the 2025 NSP.</li> </ul>	TBD	*November 30, 2024	Nutrition Education

\*Completion date FFY2025

### References:

- Memo 2023- 135 FFY 2024 Nutrition Service Plan
- FFY 2024 Nutrition Service Plan Instructions (Attached with memo)

This institution is an equal opportunity provider.  
Washington WIC doesn't discriminate.

To request this document in another format, call 1-800-841-1410. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email WIC@doh.wa.gov.



DOH 961-1248 August 2024

