

ESCUCHA A LA CIENCIA y a tu CONCIENCIA

This fact sheet will help you dismiss the myths and “mentiras” that put the health of our community at risk with all the accurate and scientific information you need.

MYTH: I already had COVID-19, I’m protected

Even if you previously had COVID-19, the natural immunity you obtain from it isn’t strong enough to fight a possible re-infection. Vaccines and boosters will keep you from falling severely ill if you contract COVID-19 again.

MYTH: Boosters don’t help at all

COVID-19 boosters can further enhance or restore protection that might have decreased over time after your primary doses of vaccination. It’s the best way to keep you safe.

MYTH: Kids can’t spread COVID-19

It is not only possible for kids to contract COVID-19, but also spread it. With new and more contagious variants, it’s more important than ever to keep kids up to date with their COVID-19 vaccines.

MYTH: The COVID-19 vaccines cause long-term side effects

There is no evidence that COVID-19 vaccines cause long-term side effects, but it is possible to develop long-term complications from serious COVID-19 illness.

MYTH: COVID-19 vaccines and boosters affect fertility

There is no evidence that the COVID-19 vaccines cause fertility problems. Getting vaccinated is, in fact, encouraged for expecting people to avoid pregnancy complications related to the COVID-19 illness.

MYTH: COVID-19 treatment replaces the vaccines

COVID-19 treatments are great for treating symptoms but are not a substitute for vaccination. Getting vaccinated and boosted is the best way to avoid severe illness.

To learn more myths and the scientific facts that dismiss them, visit VerdadesDelCOVID.org

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