

# KOJ PUAS TSIM NYOG TAU KEV TXHAJ TSHUAJ TIV THAIV KAB MOB RAU KAB MOB SIAB B?



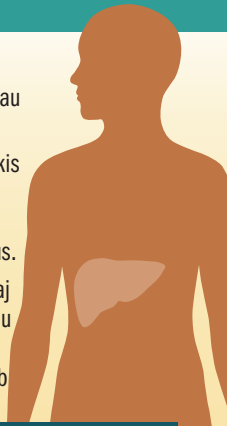
Kab mob siab B yog ib yam kab mob vais lav tsim kev puas tsuaj rau daim siab thiab tuaj yeem ua rau muaj kab mob khees xaws rau lub siab.



Muaj coob leej ntau tus neeg tsis paub tias lawv kis tau tus kab mob yeeb vim lawv tsis hnov mob los sis tsis muaj kev tsis xis neej, tiam sis lawv tuaj yeem kis tau tus kab mob vais lav mus rau lwm tus.



Muaj cov tshuaj tiv thaiv kab mob uas siv tau muaj kev nyab xeeb thiab zoo uas tuaj yeem tiv thaiv tau tus kab mob siab B. Koj yuav tsum tau txhaj kom tiav cov koob tshuaj kom thiab tiv thaiv tau tus kab mob.



## Kab mob siab B yuav kis tau los ntawm:



Tus neeg cev xeeb me nyuam mus rau tus me nyuam mos sij hawm yug



Kev sib daj sib deev



Chwv tau tej ntshav los ntawm tus neeg uas kis tau kab mob



Koom siv tus chais hwj txwv, txhuam hniav, los sis txiab txiav rau tes

## LEEJ TWG THIAJ TSIM NYOG TAU TXAIS KEV TXHAJ TSHUAJ TIV THAIV KAB MOB



Txhua tus me nyuam mos



Tag nrho cov me nyuam thiab cov neeg loj uas tsis tau txais kev txhaj tshuaj tiv thaiv kab mob uas muaj hnuv nyog mus txog 59 xyoos, tsis hais yuav muaj yam kev ntxim yuav kis kab mob twg los xij



Cov neeg laus muaj hnuv nyoog 60 xyoo nce uas muaj yam yuav ua rau kis kab mob xws li:

- Kev mus muaj kev sib deev
- Kev chwv tsuas ntshav los ntawm daim tawv los sis kua dej
- Mus rau cov chaw uas muaj neeg sib kis kab mob siab B theem nrab mus rau coob.
- Muaj kab mob siab tsis paub zoo tu qab los sis kis kab mob human immunodeficiency virus (HIV, kab mob vais lav sib kis tsim kev puas tsuaj rau tib neeg)

Txhawm rau muab kev paub ntxiv:

[www.cdc.gov/hepatitis/hbv/](http://www.cdc.gov/hepatitis/hbv/)  
[doh.wa.gov/hepbhub](http://doh.wa.gov/hepbhub)



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Washington State Department of

Health

DOH 420-407 May 2022 Hmong

Xav thov cov ntaub ntawv no sau ua lwm tus qauv ntawv, hu rau 1-800-525-0127.

Cov neeg thov kev pab uas tsis hnov lus los sis hnov lus tsis zoo, thov hu rau 711

(Washington Relay) los sis sau email rau [civil.rights@doh.wa.gov](mailto:civil.rights@doh.wa.gov).

Tau txais kev hloov kho kom haum nrog rau qhov kev tso cai los ntawm Minnesota

Department of Health (Minnesota Feem Tuav Hauj Lwm Saib Xyuas Kev Noj Qab Haus Huv)