

Reminder Card - Get Tested and Vaccinated for Hepatitis B!



Protect yourself and your loved ones.

Hepatitis B is a virus that infects the liver and can cause liver disease, cancer, and death. Many people who are infected don't know that they have the virus.

There is no cure, but the vaccine is safe and can protect from getting hepatitis B. You must complete the two or three-dose vaccine series to be fully protected.

Finding out early and getting care from a doctor is important to help you live a long and healthy life. Get tested and if at risk, get vaccinated.



Fill in your hepatitis B vaccination dates:

1st Dose Date:

___/___/___

2nd Dose Date:

___/___/___

3rd Dose Date:

___/___/___



DOH 420-437 October 2022

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Kaardii Yaadachiisaa - Qorannoo Heppataayitis B Taasisaa, Talaalliis Fudhadhaa!



Ofii keessanii fi maatii keessan ittisaa.

Heppataayitis B'n vaayirasii tiruu miidhu yoo ta'u, dhibee, kaansarii tiruu namatti fiduu, akkasumas du'aaf nama saaxiluu danda'a. Namoonni vaayirasichaan qabaman hedduun isaanii qabaachuu isaanii hin beekan.

Dhibicha irraa fayyoon hin danda'amu, garuu talaalichi heppataayitis B dhan akka hin qabamne nama irraa ittisa. Guutummaatti dhibicha irraa akka isin ittisuuf talaallii walitti fufiinsaa lama yookin sadi fudhachuu qabdu.

Jireenya fayyummaa qabuu fi umurii dheeraa jiraachuf akka isin gargaaruf dursitanii doktara irraa kunuunsa argachuun barbaachisaadha. Qorannoo taasisaa, dhibichaaf saaxilamtan taanan talaallii fudhadhaa.



Guyyoota talaallii heppataayitis B itti fudhattan guutaa:

Guyyaa doozii 1ffaa:

__/__/__

Guyyaa doozii 2ffaa:

__/__/__

Guyyaa doozii 3ffaa:

__/__/__

DOH 420-437 October 2022 Oromo

Galmee kana bifa biraatiin dookumentii kana gaafachuudhaaf 1-800-525-0127 irratti bilbilaa. Maamitoota dhagahuu hin dandeenye yookin dhagahuudhaaf baay'ee rakkattan yoo taatan, maaloo 711 (Washington Relay) irratti bilbilaa yookin civil.rights@doh.wa.gov irratti imeelii ergaa.

