



# CUNTO CAAFIMAAD LEH IYO WAXYAABO KALE OO BADAN!

**Waxaan kusiinaynaa cuntooyin caafimaad qaba iyo tilmaamo kusaabsan sida loo adeegsado cuntooyinkaas.**

**Waxaan leenahay bulsho caawimaad bixisa.**

**Waxaan kugu xiraynaa daryeelayaasha kabaxa WIC.**

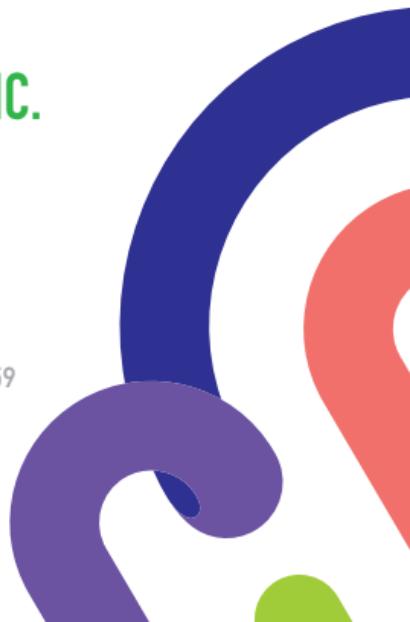
**ARAG BAL INAAD XAQ  
ULEEDAHAY**

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WAC: 1-800-322-2588

QORAAL AHAAN ERAYGA: "WIC" ugudir 96859

BOOQO: ParentHelp123.org



## **WIC WAXAY BIXISAA WAXYAABO KABADAN CUNTO.**

Kaalay lakulan khubaradeena nafaqada iyo lataliyaasha dhanka naasnuujinta kuwaasoo diyaar u ah inay kudhagaystaan, macluumaad kula wadaagaan, kuna siiyan tilmaan iyo taageero dheeri ah.

## **QOYSASKA KA KOOBAN DHAMAAN TIRADA IYO NOOCYADA KALADUWAN** ayaa xaq uyeelan kara WIC.

**INTA BADAN QOYSASKA GUNOOYINKA CAAFIMAADKA KAQAATA** Gobalka Washington waxay xaq uleeyihiiin WIC.

**CARUURTA WAALIDIINTA SHAQEELYA** ayaa xaq uyeelan kara WIC.



**DOH 965-020 February 2020 Somali**

Hay'addaan waa adeeg bixiye ku shaqeeysa fursadaha loo simanyahay. Washington State WIC Nutrition Program (Barnaamijka

Nafaqada WIC ee Gobalka Washington) cidna ma takooro. Si aad dukumiintigaan ugu heshid qaab kale, wac 1-800-841-1410. Haddii aad tahay macaamiil dhagool ah ama aad maqal culus tahay, fadlan wac 711 (Washington Relay) ama iimayl udir civil.rights@doh.wa.gov.