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Opioid Treatment Program (OTP) Community Relations Plan

Agency Name Columbia River Mental Health Services Credential Number DRCS.FX.00057623
Agency Administrator Victor Jackson Date 12/29/2022
Mailing Address PO Box 1337
City Vancouver State WA Zip Code 98666
Phone (enter 10 digit number) 360-993-3000 Email Address victorj@crmhs.org
Proposed Site Location Address 7105 NE 40th St. Vancouver, WA 98661

This template is designed to comply with requirements in WAC 246-341, 42 CFR Part 8.12, and Center for Substance Abuse Treatment (CSAT) Guidelines for the Accreditation of Opioid Treatment Programs.

The plan is separated into three parts:

- **Part One - Pre-licensure Community Relations Plan**

Part one must be **completed** and submitted with the licensing application.

- **Part Two - Interim Community Relations Plan**

Part two must be submitted to the department prior to the license being issued. The interim community relations plan is designed to document community concerns that may arise between submission of the application and issuance of an OTP license and certification by DOH. It is also used to document the mitigation plan related to the concerns identified.

- **Part Three - On-going Community Relations Plan**

The on-going community relations plan outlines the agency's proposed on-going community relations efforts after the facility has opened. This may be reviewed by the department during inspections.

Part One**Pre-licensure Community Relations Plan****Step 1:**

Contact the county and/or city legislative authority and/or the Tribal authority, as applicable, in order to secure a location for the new opioid treatment program that meets county, city, or tribal land use ordinances.

Identify the legislative authority by contacting:

- Washington Association of County Officials (360) 943-1812, and/or
- Association of Washington Cities (360) 753-4137, and/or
- The Tribal Administrative Office (If proposed site is on a tribal reservation or tribal trust land, the county is not required to be notified.)

Once the appropriate authorities have been identified, hold a meeting with them to discuss the proposed site of the program and to obtain a list of all pertinent stakeholder groups in the area. Documentation of these meetings will be required.

Regulatory Reference: WAC 246-341-1005

Authority Contact		Telephone Number	Email Address	Responsible Person
City	City Manager	360-487-8600	eric.holmes@cityofvancouver.us	Eric Holmes
County	County Manager	564-397-2232	kathleen.otto@clark.wa.gov	Kathleen Otto
Tribal				
Meeting Held With		Date of Meeting	Attendees	Issues and Outcomes
City	<input checked="" type="radio"/>	<input type="text" value="12/19/2022"/>	See Attached	See Attached
County	<input checked="" type="radio"/>	<input type="text" value="11/30/2022"/>	See Attached	See Attached
Tribal	<input type="radio"/>	<input type="text"/>		

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Step 2:

Work with the authorities or their designee to develop a community relations plan that includes documentation of strategies used to obtain stakeholder input regarding the proposed location. Stakeholder groups should include publicly elected representatives, potential referral sources such as substance abuse programs, social and health services providers and medical providers, business organization leaders, community and health planning agency directors, grassroots community organization leaders, such as neighborhood associations and schools, local police and law enforcement, and religious and spiritual leaders.

Regulatory Reference: WAC 246-341-1005

Stakeholder Group	Identified Representatives	Date contact made/ meeting held	Issues and Outcomes
PeaceHealth Emergency Department Staff	Emergency room providers in Southwest Washington	9/21/2022	General information about opioid use trends in community and how agency responding. No concerns brought up
Opiate Treatment Network	Southwest Washington Accountable Community of Health & opioid providers	10/11/2022	General information about opioid use trends in community and how agency responding. No concerns brought up
Lifeworks NW Medical Department	Medical providers in Southwest Washington	10/14/2022	General information about opioid use trends in community and how agency responding. No concerns.
WSATOD	Opioid Treatment Providers in WA and HCA representative	11/17/2022	Communication regarding OTPs in state & move. No concerns brought up

Step 3:

Document any concerns identified by stakeholders and any suggested mitigation alternatives proposed by stakeholders.

Regulatory Reference: 2015 CSAT Guidelines, p. 16-17: Community Relations and Education

Concerns Identified	Stakeholder(s) Concerned	Suggested Mitigation Alternatives
Definition of success for clients in treatment	Clark County Commissioner	Clients are not just replacing one high for another
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Step 4:

Document the mitigation tasks that the OTP will use to address concerns, which concern(s) each task will address, the target date for the task to be implemented, and the resolution date.

Mitigation Task	Concerns Addressed by Task	Target Date	Resolution Date
All clients receive wraparound services including counselor, case manager, and peer to develop treatment plan	Definition of success for clients in treatment	Currently meeting	Already implemented

Part Two**Interim Community Relations Plan****Step 1:**

Document any new concerns identified and contact made or meetings held with the additional stakeholders.

Stakeholder Group	Identified Representatives	Date Contact made/ meeting held	Agenda and Outcomes
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Step 2:

Document any new concerns identified by stakeholders that weren't addressed previously and any suggested mitigation alternatives proposed by stakeholders. After the public hearing, DOH will send the proposed OTP a copy of any stakeholder concerns which should be added to this part of the community relations plan.

Regulatory Reference: 2015 CSAT Guidelines, p. 16-17: Community Relations and Education

New Concerns Identified	Suggested Mitigation Alternatives

Step 4:

Document any new concerns identified by stakeholders that weren't addressed previously, and any suggested mitigation alternatives proposed by stakeholders.

Regulatory Reference: 2015 CSAT Guidelines, p. 16-17: Community Relations and Education

New Concerns Identified

Suggested Mitigation Alternatives

Step 5:

Document the mitigation tasks that the OTP will use to address the new concerns, which concern(s) each task will address, who is responsible for leading the task, the target date for the task to be implemented, and the resolution date.

Mitigation Task	Concerns Addressed by Task	Person Responsible	Target Date	Resolution Date

November 30th Clark County, Washington Council Meeting:

Present: Councilmembers Bowerman, Medvigy, Rylander, Olson

Others: Rebecca Messinger, county residents, Sheriff elect Horch, Mitchell Kelly

Presenters: Dr. Fischer – Medical Director for CRMHS

- PowerPoint Presentation attached. General information provided about the opioid epidemic, MAT services available, methadone, suboxone/bup benefits and risks. One question raised about how organization defines success for clients and concern about clients replacing one high for another. Dr. Fischer explained resources available for clients including counseling, psychiatry, peer support, employment, case management services and developing treatment plans with the client to define success. Dr. Fischer also explained that many clients come to agency homeless and without employment and due to services are able to find home and find a job. County invited Dr. Fischer to provide additional presentation to sub-committee about opioid epidemic in Clark County and MAT services.

December 19 City of Vancouver memo submitted:

Letter addressed and sent to: Mayor McEnerny-Ogle, Mayor Pro Tem Stober, and Council Members Hansen, Paulsen, Fox, Perez, and Harless, and City Manager Eric Holmes

- City requested that instead of a meeting or presentation that a letter be submitted. Attached is the notification sent to the City Manager and Council Members. No questions or concerns were submitted in response.

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December 19, 2022



City of Vancouver Washington
415 W 6th St.
Vancouver, WA 98660

Re: CRMHS Opioid Treatment Program Moving

Dear Mayor McEnery-Ogle, Mayor Pro Tem Stober, and Council Members Hansen, Paulsen, Fox, Perez, and Harless, and City Manager Eric Holmes:

This letter is to inform the City of Vancouver as required under WAC 246-341 that Columbia River Mental Health Services (CRMHS) Opioid Treatment Program located on Fourth Plain Blvd. will be moving a few blocks to a larger location in response to the growing need to serve more clients needing this life saving service. The new location is located at 7105 NE 40th St. Vancouver, WA 98661. CRMHS has seen a dramatic influx of individuals seeking opioid treatment services over the past two years and is currently Clark County's largest outpatient treatment provider for opiate addiction. Individuals receiving treatment at our facility not only receive Medication Assisted Treatment (MAT), but also behavioral health services including substance use disorder individual and group counseling, case management, peer support services, and support in housing and employment. Our services have proven to be transformative for homeless clients; moving individuals with substance use disorders from tents into recovery, housing, and employment.

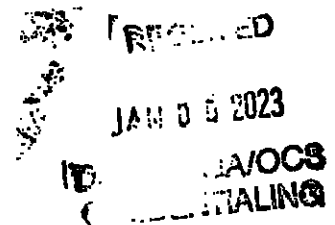
If you have any questions, concerns, or would like to know more about our Opioid Treatment Program, the move to the new location occurring in March of 2023, or any other behavioral health services offered by CRMHS, please let me know and we would be happy to present to you.

Thank you for serving our community.

Sincerely,

Columbia River Mental Health Services

Sarah Brown, MPA
Chief Policy & Compliance Officer
6926 NE Fourth Plain Blvd.
Vancouver, WA 98661

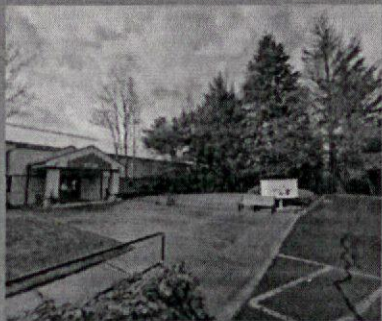


LIVES CHANGE HERE

*Presenting to Clark County Council
NorthStar Clinic
Expanding to Serve Clark County*



Kevin Fischer, MD
Chief Medical Officer
November 30, 2022



6926 NE Fourth Plain BLVD
Vancouver 98661

- Certified Community Behavioral Health Center
- 4 locations & soon: Clark County Jail
- The NorthStar Clinic
 - Opiate Treatment Program
 - MAT for > 600 patients with opioid addiction
- Homeless encampment mobile health and nighttime crisis services
- Mental health counseling & psychiatry
- Housing, employment

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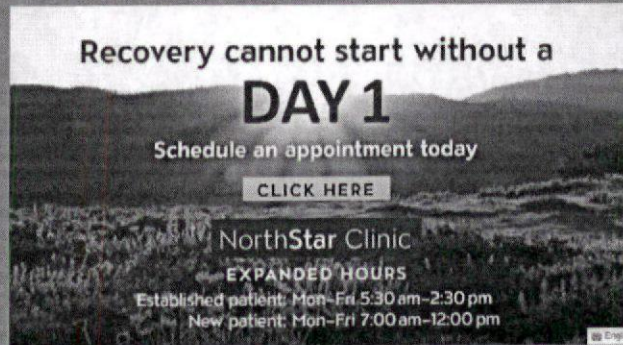
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NorthStar Opiate Treatment Program

Opiate treatment programs: specially licensed to dispense methadone, generic Suboxone®, and naltrexone for the outpatient treatment of opioid use disorder

Two in Clark County

- CRMHS – NorthStar Clinic
- Acadia – Vancouver Comprehensive Treatment



NorthStar: Clark County's largest outpatient treatment provider for opiate addiction

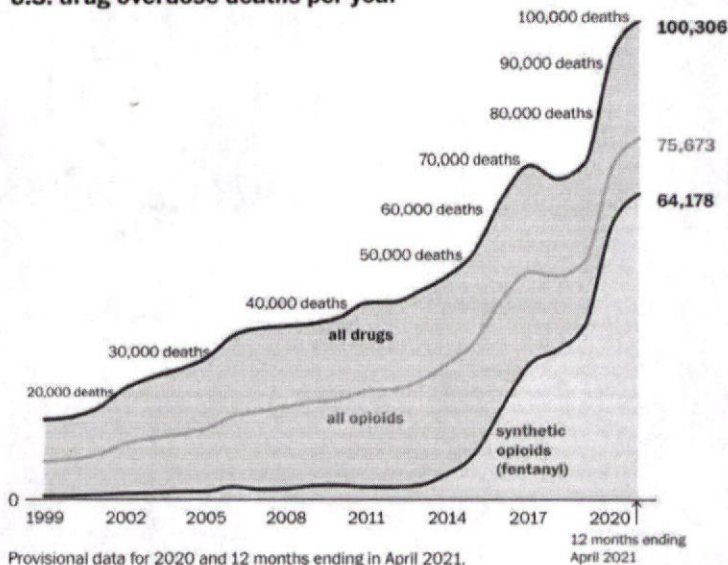
Today's Agenda

- Snapshot of the local fentanyl crisis
- Discuss landscape of local treatment services
- Statutory notification: intent to move NorthStar OTP services to new location at 7105 NE 40th Street

The 20 year Opioid Epidemic

Fentanyl Comes to Clark County

U.S. drug overdose deaths per year



Six out of every 7 opioid overdose deaths now involve fentanyl

Provisional data for 2020 and 12 months ending in April 2021.

Source: Centers for Disease Control and Prevention, National Center for Health Statistics

DAN KEATING / THE WASHINGTON POST

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In Comparison to 75,000 opioid deaths per year...

US Annual Deaths from Other Causes

Motor Vehicle crashes 37k

Firearms 44k

Suicide 45k

Breast CA – 41k

Prostate CA – 32k

Colorectal CA – 51k

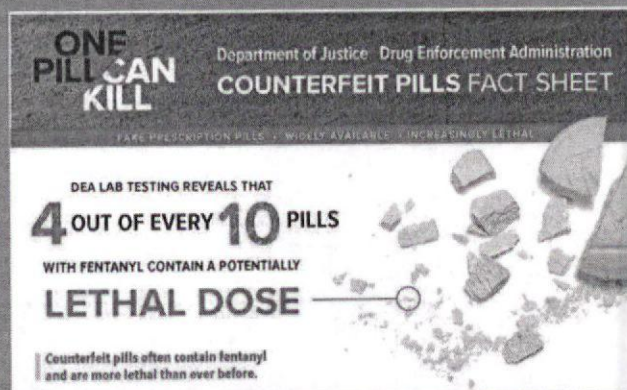
Alcohol related deaths – 88k

Entire Vietnam war 58k

2021 CDC Data

What is Fentanyl (FYL)?

- Synthetic opioid & schedule II controlled substance
- Potency 100X that of morphine
- Easy to manufacture in illicit labs – China & Mexico
 - Sold as powder & counterfeit pills



Drug Enforcement Agency
www.dea.gov

A Global Pandemic Begets a Local Epidemic Fentanyl hits Clark County – 2020 - present

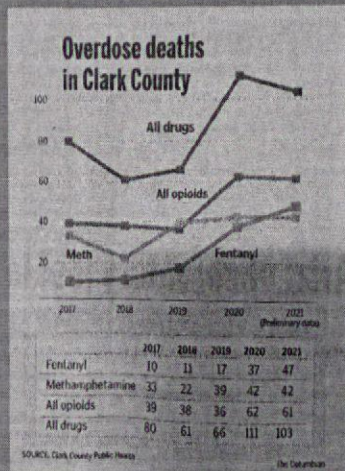
Clark County Public Health issues warning over use of fentanyl

By Regina Anderson/Clark County Public Health
Published November 10, 2021, 9:15am

Share:    

- International shipping disruptions shifted drug supply from heroin to fentanyl
- Fentanyl now opioid of choice
- Client report: \$3 / pill

www.columbian.com
Unpublished Data: NorthStar Clinic



Synthetic Drugs → Here to Stay



Heroin = Complicated Logistics

- Farmland & workers
- Irrigation, pesticides, fertilizers
- Cultivation followed by processing in a facility
- Smuggle big bulky packages across international borders

Fentanyl at Your Fingertips

- International: A lab with commonly available chemicals
- Local: Laptop, internet connection, PO Box



- 1 kg of FYL powder = 250 kg heroin
- **Easier to smuggle a thermos than a dishwasher**

Sam Quinones – The Least of Us - 2021

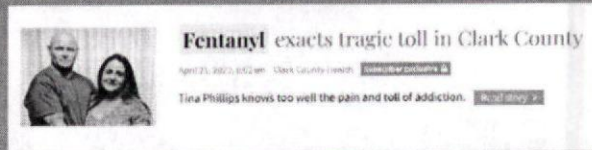
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Clark County: Fentanyl Use & Treatment Observations

- Generic Suboxone®: more complicated to start, some patients report less effective than past experiencing stopping heroin or Rx opioid use
- Methadone treatment still effective, patients at higher doses
- Patients early in treatment observationally more unstable
 - Milieu challenges
 - Anger
 - Threats of violence
 - Actual violence



www.columbian.com
Unpublished Data: NorthStar Clinic

Medication Assisted Treatment (MAT) at The NorthStar Clinic

Addiction is a Chronic Disease of the Brain

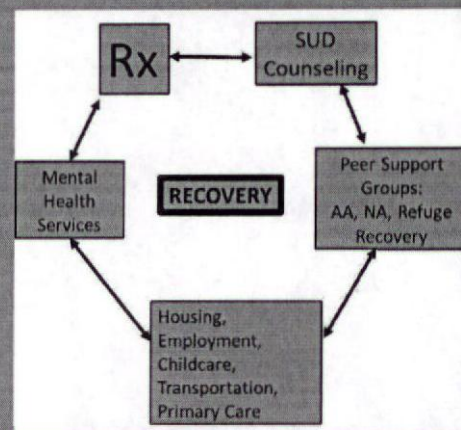
- Long term, progressive & relapsing disease of the brain
- Marked by stages of progress and regression
- Relapse and related behaviors are a feature of the illness rather than an indication of failure of the treatment plan or patient-effort
- With treatment, success rates for recovery from SUD are similar to other chronic diseases like Type II Diabetes and congestive heart failure
- Disease model approaches equal better outcomes



NorthStar Treatment Services

(hardly just one drug for another)

- FDA approved medications
 - Methadone, buprenorphine/naloxone, naltrexone
- Addiction Counseling, 1:1 & groups
- Mental Health evaluation, counseling, & Psychiatric prescribing
- Case Management
 - Transportation, housing, employment
- Peer Support
- Treatment for Hepatitis C & Limited Primary Care services
- Dispense Narcan®
- Continuity of treatment in other settings:
 - Inpatient treatment
 - Jail
 - Nursing Homes



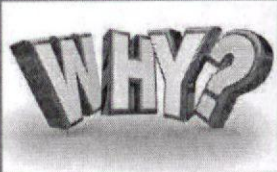
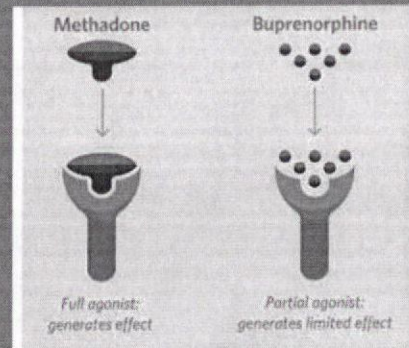
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How do MAT Medications Work?

- Agonists – Methadone and Buprenorphine
- Bind to opioid receptor –
**slow on, slow off =
no euphoria**
- Reduces cravings
- Prevents withdrawal symptoms
- Blocks effect of illicit opioids
- Help the brain feel normal, to allow for the work of recovery

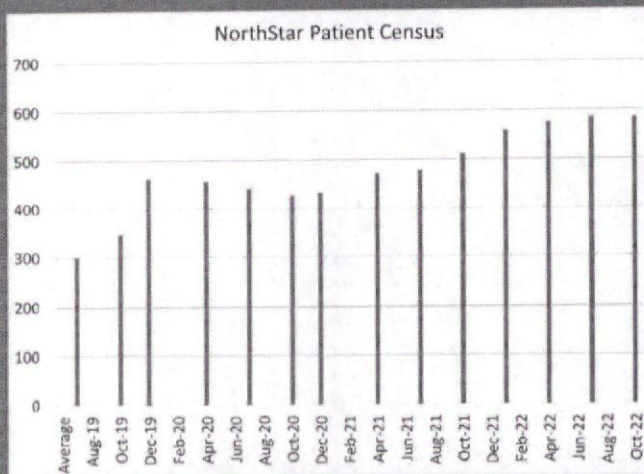


Why? opioid-based MAT?

- Most effective treatments in OUD
 - 40-60% reduction in risk of death
 - Heavily Studied
 - Reduction in HCV / HIV infections, other IV drug use related infections
 - Improvement in pregnancy outcomes
 - Decrease in criminality
 - Improved retention in treatment services
 - NorthStar Experience
 - ~66% of Methadone patients are still in treatment after 90 days
 - ~33% for buprenorphine/naloxone

NorthStar: We've Outgrown Our Space

- Expanded hours
- Added services
- Walk-in appointments M-F
- Clinic census doubled: 2019 to 2022



New Location: 7105 NE 40th Street



- ~8000 square feet
- 18 Treatment Rooms
- Improved Privacy Experience
- Lab to support medical services
- Centrally located on bus lines and close to I-5, SR500, I-205

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Thank you

&

Questions?

Kevin Fischer, MD