

Make Hand Hygiene a Habit

Always clean hands:

Before...

- Touching a resident
- Performing a clean or aseptic task
- Moving from work on a soiled body site to a clean body site
- Leaving a resident's room

After...

- Touching a resident
- Contact with body fluids or helping with toileting
- Touching surfaces or equipment in a resident's environment
- Glove removal



DOH 420-509 July 2023

Northwest Center
FOR PUBLIC HEALTH PRACTICE



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Soap and Water or Hand Sanitizer?



Alcohol based hand sanitizer is:

- More effective at killing germs
- Less drying
- Easier to use during patient care

Clean hands with soap and water:

- After caring for a resident with **C. diff.**
- When hands are visibly dirty
- Before eating
- After using the restroom



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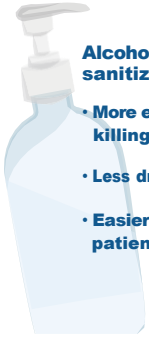
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