



Bōk Wā in Kōjbarok jān Mej in Aolep Yiiō

Wā in Kōjbarok jān Mej in ej eman im rōjañ bwe aolep ro 6 allōñ im ruttolak ren bōk

- Eloñ armij rej aikuj 1 wōt wā in kōjbarok jān mej in aolep yiiō ñan kōjbarok ir māke jān nañinmej ko rellap im jān mej in.
- Ajiri ro 6 allōñ lak ñan 8 yiiō im rej bōk wā in kōjbarok jān mej in ilo ien eo jinion tata, ako emōj aer bōk juon wōt wā in kōjbarok jān mej in mokta lak, rej aikuj in bōk 2 wā. Ñe ajiri eo nejum ej aikuji 2 wā, jermal ippān jikin takto eo ñan bōk 1 wā mokta jān boḷ. Ilo ejja wawen eo wōt enij wōr am ien ñan an ajiri eo nejum bōk aolep wā mokta jān an waloñlak an ajeeded nañinmej in mej in ilo boḷ.
- Jōt armij remaroñ in pād ilo elaplok kauwōtata jān nañinmej ko rellap im mej in. Ej kōba ippān: rutto ro 65 yiiō loñlak, ajiri ro iumin 5 aer yiiō, armij ro rej bōrḷoro im armij ro ewōr aer nañinmej ko (ainwot nañinmej in ār, menono, im mojno enbwinnier).

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Wā in mej in rot ko rej pād?

Ko kwoj maroñ wā

Ñan armij ro 6 allōñ lak ñan 64 aer yiiō, ejelok rōjañ ñan juon wōt kain wā ion bar juon. Aolep wā in kōjbarok jen flu ilo 2024 25 rej kōjbarok jen jilu kain influenza baeroj. Ta ko kōbban wā ej kakaal aolep yiiō bwe en loore ta nañinmej ko rej erolol.

Būtūk ñan boti

Ewōr juon wā ej emourur (LAIV), emōj an toprak ñan armij ro 2 yiiō lak ñan 49 yiiō. Kain wā in ejjab rōjañ ñan armij ro rej bōrḷoro, mojno enbwinnier, ro elaplok yiiō ko aer im armij ro ewōr aer nañinmej ko rejenolok.

Elap kajur im oktak

Wā kein rej kōmman bwe en laplok uak jān enwin Kain wā in ej rōjañ ñan rutto ro 65 yiiō im ruttolak.

Len ta eo eman tata ñan bōk wā in kōjbarok jān mej in?

Ej eman tata ñan bōk wā in kōjbarok jān mej ilo jemlokin Oktoba aolep yiiō. Bōk wā tokelik ej bar jibāñ wōt, jokdoon ñe emōj an jinoe ajeeded nañinmej in mej in. Ej kinke nañinmej in mej in emaroñ in walok aolepen-juon yiiō.

Imaroñ ke bōk mej in jān juon wā in kōjbarok jān nañinmej in mej in?

Wā in kōjbarok jān mej in eban kōmman bwe kwon bōk mej in. Ilo wā ko ekka an wōr baerōj ko rejjab mour ako ejako an kapopo, ako juon mottan eo im ainwot baerōj in mej in ñan enbwinnim. Ilo an wā in kōjbarok jān mej in im kein bütūk eo wōr juon baerōj ej emourur, baerōj ko rej oktak bwe ren jab lewaj nañinmej in mej in.

Jote onean wā in kōjbarok jān mej in?

Onean kōjbarok jān mej in emaroñ in oktak. Eloñ injuran ko rej bōk eddo in onean wā in kōjbarok jān mej in. Ñe ejelok am injuran ako edik injuran eo am, ewōr būrookraam ko rej maroñ in jibāñ eok bōk wā in kōjbarok jān mej ilo jidik wōt ako ejelok onean. Washington ej lewaj wā in kōjbarok jān mej in ñan ajiri ro lak ñan 18 yiiō ilo ejelok onean.

Imaroñ ke bōk wā in kōjbarok jān mej in ilo ejja juon wōt ien ainwot wā ko jōt?

Aet. Ej eman wōt ñan bōk wā in kōjbarok jān mej in ilo ejja juon wōt ien ainwot wā ko jōt. Jouj im kōnnaan ippān jikin takto eo am ako jikin kauno eo kin wā ko jōt kwoj maroñ in aikuj bwe en jimwe am bōk ekkar ñan ien.

Imaroñ ke bōk wā in kōjbarok jān mej in ñe ij kadok lep?

Armij ro rej kadok lep rej maroñ in bōk jabdewōt wā in kōjbarok jān mej in (pedped ion lep ako jab pedped ion lep) innem ekkar ñan joñan yiiō im ejmour eo aer.

I bōrōro. Imaroñ ke bōk wā in kōjbarok jān mej in?

Armij ro rej bōrōro remaroñ in bōk jabdewōt wā in kōjbarok jān mej in ej license, im rōjañ ñan bōk im ejañin de jermal. Wā eo ej pād ilowaan bütūk ejjab rōjañ in kōjerbale ñe kwoj bōrōro. Ej eman ñan kōjerbale wā in kōjbarok jān nañinmej in mej in mokta jān, ilo torre in ako elikin bōrōro. Naat ro re bōrōro bōk wā in bōbrae ko, rej lelak kij ko ippeir ñan ninnin ko nejier. Ej jibāñ kōjbarok ajiri ro rej kab lotak jān nañinmej in mej in elikin jejo allōñ jān aer lotak, mokta jān aer tobar joñan rutto eo im rejjela māke bōk wā. Armij ro rej bōrōro rej bar rōjañ in bōk wā in COVID-19, Tdap, im RSV.

Ñan ekatak elaplok,
[lale FluFreeWA.org](https://www.flufree.org)