

Washington WIC Interest Form & Clinic Locator Social Media Toolkit



Help spread the word about WIC

The Washington Women, Infants, and Children Nutrition Program (WIC) Interest Form and Clinic Locator makes it easier for individuals and families to find a WIC Clinic and get connected to WIC services. We encourage community partners to use the information below to spread the word about the [Washington WIC Program](#).

Who is eligible for WIC?

WIC is for people who are pregnant, recently delivered a baby, breast and chest feeding, and infants and children under age five. Dads, grandparents, foster parents, or other guardians may apply for WIC for their children.

What does WIC provide?

- Monthly benefits to buy healthy food
- Nutrition education
- Breast and chest feeding support
- Health screenings and referrals

Short URL links

WIC Interest Form (**English**): doh.wa.gov/WICRefer

- WIC Interest Form (**Spanish**): doh.wa.gov/ReferirWIC

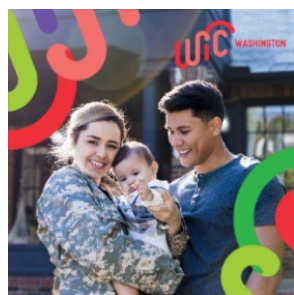
WIC Clinic Locator (**English**): doh.wa.gov/FindWIC

- WIC Clinic Locator (**Spanish**): doh.wa.gov/EncontrarWIC

QR Codes

QR codes (PNG files) for the WIC Interest Form and Clinic Locator can be accessed by [clicking here](#) (zip file download).

Social Media Graphics



These graphics and more can be accessed by [clicking here](#) (zip file download).

Facebook/Instagram

1. Find a WIC Clinic near you!
With WIC (Women, Infants, & Children Nutrition Program), you get healthy food, nutrition education, breast and chest feeding support, & more. WIC is for people who are pregnant, recently pregnant, or breastfeeding/chestfeeding. It is also for infants and children under age 5.
Find a WIC Clinic at doh.wa.gov/FindWIC
#StartWithWIC #WAWIC #HealthyStartsHere
2. You may qualify for WIC as soon as you know you're pregnant. With WIC (Women, Infants, & Children Nutrition Program), you get access to healthy food, nutrition education, breast and chest feeding support, & more.
To see if you qualify, submit an interest form at doh.wa.gov/WICRefer
#StartWithWIC #WAWIC #HealthyStartsHere
3. WIC is here for all types of families. Contact your local WIC (Women, Infants & Children Nutrition Program) agency to learn how to apply!
Find a WIC clinic at doh.wa.gov/FindWIC
#StartWithWIC #WAWIC #HealthyStartsHere

Twitter/X

1. Find a WIC Clinic near you!
With WIC (Women, Infants, & Children Nutrition Program), you get healthy food, nutrition education, breast and chest feeding support, & more. Find a WIC Clinic:
doh.wa.gov/FindWIC
#StartWithWIC #HealthyStartsHere
2. You may qualify for WIC as soon as you know you're pregnant. With WIC (Women, Infants, & Children Nutrition Program), you get access to healthy food, nutrition education, breast and chest feeding support, & more. Refer at doh.wa.gov/WICRefer
#StartWithWIC #HealthyStartsHere
3. WIC is here for all types of families. Contact your local WIC (Women, Infants & Children Nutrition Program) agency to learn how to apply! Find a WIC clinic:
doh.wa.gov/FindWIC
#StartWithWIC #WAWIC #HealthyStartsHere



DOH 965-026 May 2024

This institution is an equal opportunity provider. Washington WIC doesn't discriminate. To request this document in another format, call 1-800-841-1410. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email wic@doh.wa.gov.