



Do you take care of kids? Protect them against vaccine-preventable diseases.

Child care providers need protection against measles.

Child care workers and volunteers are required to have the measles, mumps, rubella (MMR) vaccine or show proof they have immunity to measles. **This is a Washington state law.** The vaccine helps to prevent measles from spreading from person to person.

Child care providers should get flu and Tdap vaccines.

Influenza (flu) viruses change every year, so it's important to get a vaccine every flu season. Flu can be very dangerous in children younger than 5 years of age, which is why you're protecting them when you get a flu vaccine.

Tdap vaccine protects against tetanus, diphtheria, and pertussis (whooping cough). Whooping cough can be very dangerous in young children and babies, often requiring medical attention. You can prevent the spread of this disease to the children you care for by getting vaccinated.

Many of these diseases spread in the air.

Measles, rubella, and whooping cough spread in the air when a sick person coughs, sneezes, or breathes. Sometimes, people can spread a disease before they show signs they are sick. It is almost impossible to stop these diseases from spreading unless you are vaccinated.

As a caregiver, it is your duty to protect the children you take care of.

Children are an important part of our future. We know how hard you work to help them grow up healthy and successful. Do your part and get vaccinated to keep your community and your loved ones safe.

Do you have questions?

Find immunization resources for child cares at <https://doh.wa.gov/scci> or call the Washington State Department of Health at 1-866-397-0337.