



January 2024
DOH 141-133

2022-23 Local Health Jurisdiction Success Stories

Washington State Congressional District 8

The Maternal and Child Health Block Grant (MCHBG) is provided through Title V of the Social Security Act of 1935. [Washington State Department of Health](https://www.wa.gov/department-of-health) receives about \$8.8 million annually, and more than 60% goes to serve 39 counties through contracts with Local Health Jurisdictions (LHJ) and a hospital district.

Chelan, King, Kittitas, Pierce, and Snohomish counties together receive approximately \$2,14,654 of MCHBG funding to improve maternal and child health outcomes in their communities. These funds help create and support initiatives for pregnant individuals, infants, children, adolescents, and children and youth with special health care needs (CYSHCN). The success stories below show the impact of these initiatives in the 2022-23 contract year.

Chelan-Douglas Health District

We championed the Universal Developmental Screening (UDS) program in our community. Staff added developmental milestones and screening conversations into our Nurse-Family Partnership (NFP) work. We were 1 of the 2 LHJs in the state that received additional MCHBG funding for a pilot project. We used this funding to connect with child care providers and expand our UDS efforts. Staff screened the children of NFP clients and entered the data into Washington’s Strong Start developmental screening data system.

Public Health – Seattle & King County

We provided culturally and linguistically appropriate support to child care providers to improve the health of children. We worked closely with child care providers to learn ways to best meet their needs. We also offered topical support such as child nutrition and movement, breastfeeding/chestfeeding in child care centers, and trauma-informed services like Adverse Childhood Experiences prevention. Our partners included the Somali Health Board and the Chinese Information & Service Center.

Kittitas County Public Health Department

Staff led the Kittitas County Breastfeeding Coalition (KCBF) to build community support for lactation. Due to shifts in community capacity due to COVID-19, we built partner participation and engagement to continue supporting our community. Our KCBF coalition created a breastfeeding/chestfeeding room for attendees at the annual Fair and Rodeo in Kittitas County. This room has been a huge success in our community and a valuable resource at the event.

Snohomish County Health Department

Our staff are leaders who advocate for the health of children, youth, and their families through the Trauma and Resilience program. We educate parents, caregivers, and children in Snohomish County and beyond. In 2022-2023, the Trauma & Resilience program reached 1,197 community members and 475 professionals. We focused on educating about adversity and its effects on the brain and body, mitigating factors, hands-on resilience skill building, and coping strategies like self-care, self-soothing, and paradigm-shifting. We presented at the Washington Association for the Education of Young Children (WAEYC) Conference on processing stress and trauma as a strategy for preventing trauma when caring for children in the child care environment.

Our CYSHCN program educated Early Head Start staff serving a higher percentage of Black, Indigenous, and People of Color (BIPOC) and clients who have low incomes about “Perinatal Depression and How Home Visitors Can Identify and Help Women Get Treatment.” We also helped a CYSHCN client with a chromosomal deletion and gene variant, who has struggled to thrive since birth, take his first steps at 2 years and 2 months of age. He is now walking, running, and climbing.

Tacoma-Pierce County Health Department

Our MCHBG Resource and Referral Team worked with Managed Care Organizations (MCO) to collaborate on coordinated care for CYSHCN families. We raised concerns to local and state leaders about health care shortages, lack of child care, and gaps in case management. Our MCO partnerships strengthened referral pathways for the CYSHCN program and connected other Parent Child Family Health (PCFH) programs to MCHBG at our agency. We also trained our staff on “Medicaid 101.” This training shared information about the purpose of MCO case management services, client eligibility, and how to link CYSHCN and PCFH clients to their MCO for support. The goal of this training was to help improve the system of care for CYSHCN families in our community.



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Contact: Katie Eilers
Title V Project Director
Katie.Eilers@doh.wa.gov
doh.wa.gov/mchbg