



### WASHINGTON STATE PERINAT COLLABORATIVE~ MAY 2024 **WASHINGTON STATE PERINATAL**

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#### Washington State Perinatal Collaborative –

Time	Topic	Presenter
11:00-11:15	Introductions	Dr. Rita Hsu
11:15-12:15	Perinatal Indicators Report	Kari Mentzer PhD kari.mentzer@doh.wa.gov
12:15-12:25	Within Reach Immunization initiatives	Ajia McAferty MPH AjiaM@withinreachwa.org
12:25- 12:35	Doula: Certification & Reimbursement Eat, Sleep, Console Reimbursement	Beth Tinker PhD, RN beth.tinker@hca.wa.gov
12:45-12:50	State QI~ Safe Haven for newborns	Bat-Sheva Stein DNP, M.Sc., RN Bat-Sheva.Stein@doh.wa.gov
12:50-13:00	Hemorrhage grant	Bat-Sheva Stein DNP, M.Sc., RN Bat-Sheva.Stein@doh.wa.gov
13:00- 13:05	Rural Obstetric Workgroup	Bat-Sheva Stein DNP, M.Sc., RN Bat-Sheva.Stein@doh.wa.gov
13:05- 13:10	State QI~ Blue Band project	Rebecca Penders PhD, RN rebecca.penders@providence.org
13:10-13:15	State QI~ Human Milk Banking	Sharilyn Emhoff BSN, RN sharilyn.emhoff@multicare.org
13:15-13:20	State QI -Team Birth & perinatal mental health	Jenica Sandall jenicas@wsha.org
13:20-13:30	Syphilis Discussion	Rita Hsu MD
13:30-14:00	Updates and public sharing	New WSPC website

#### Perinatal Indicators Report

KARI MENTZER PHD WA STATE DEPT OF HEALTH





### WASHINGTON PERINATAL INDICATORS 2022 DATA HIGHLIGHTS

Surveillance and Evaluation Unit
Office of Family and Community Health
Improvement
May 9th 2024

### **Perinatal Indicators Presentation Agenda**

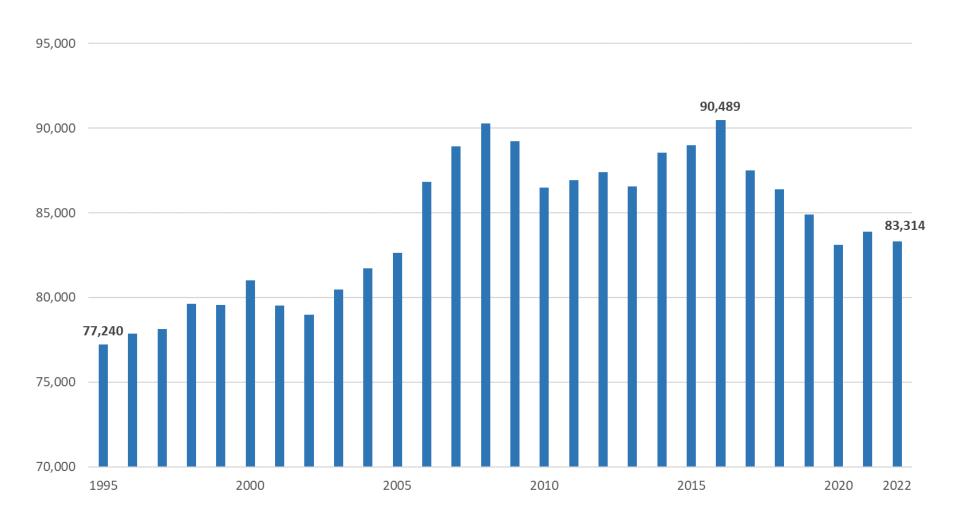
#### **Key Indicators From Vital Statistics and First Steps Data**

- Births and Pregnancy Rates
- **Livebirth Delivery Services**
- 3. Maternal Morbidity
- Prenatal Care and Birth Outcomes





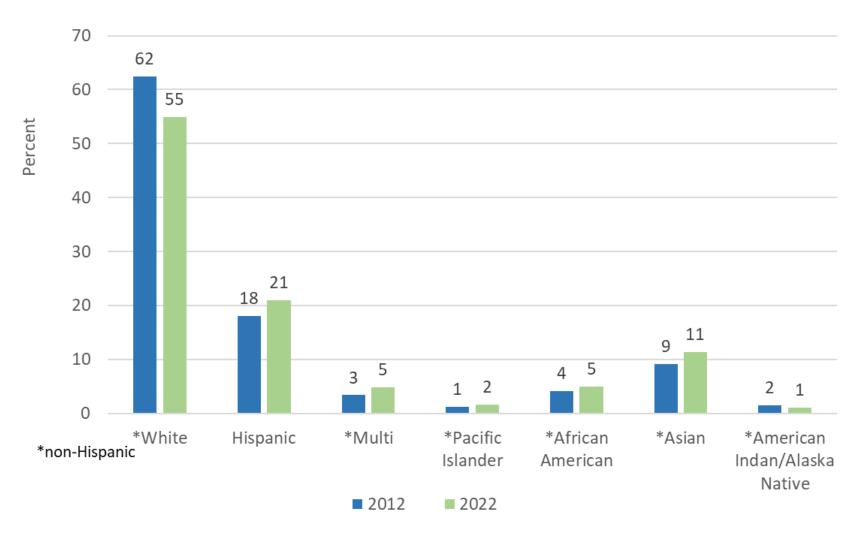
### Total Births to Washington State Residents WA Birth Certificate, 1995-2022



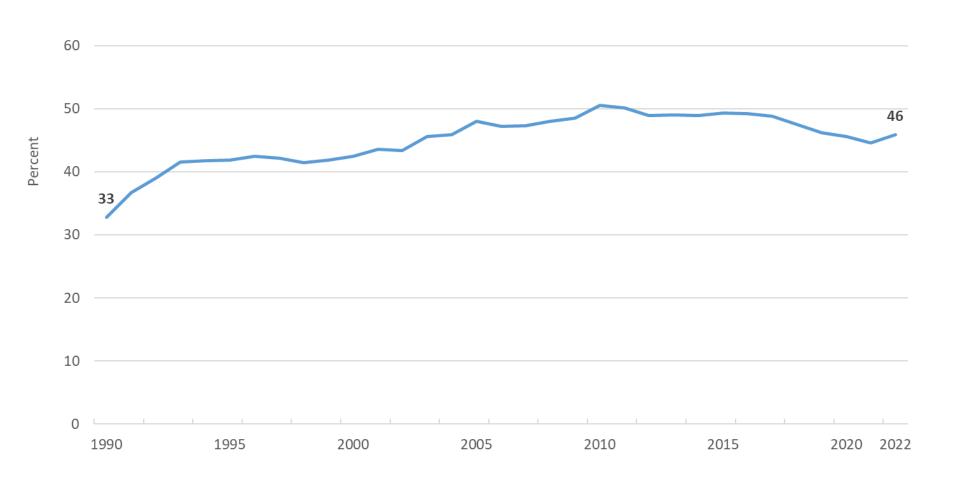
#### Medical Services

- Deliveries by MD/DO down 11% since 2012
- Licensed Midwife deliveries have increased by 21% since 2012; Certified Nurse Midwife deliveries have increased by 26% since 2012
- In 2022 46% of deliveries were paid by Medicaid
  - Since 2005 between 45%-50% per year
  - o In 2010 & 2011 had highest rates, 50.3% & 50.2%
- C-Sections have decreased by 4% since 2012
- VBAC deliveries have been around 20/100 births since 2016.
- Home births increased 19% from 2012 to 2022, an absolute increase of 0.5%.

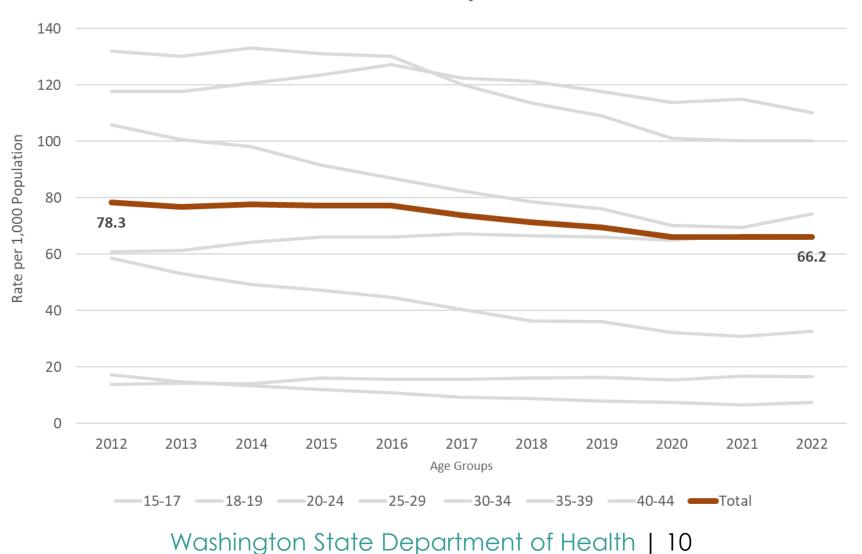
#### Births By Race/Ethnicity, 2012 & 2022 **WA Birth Certificate**

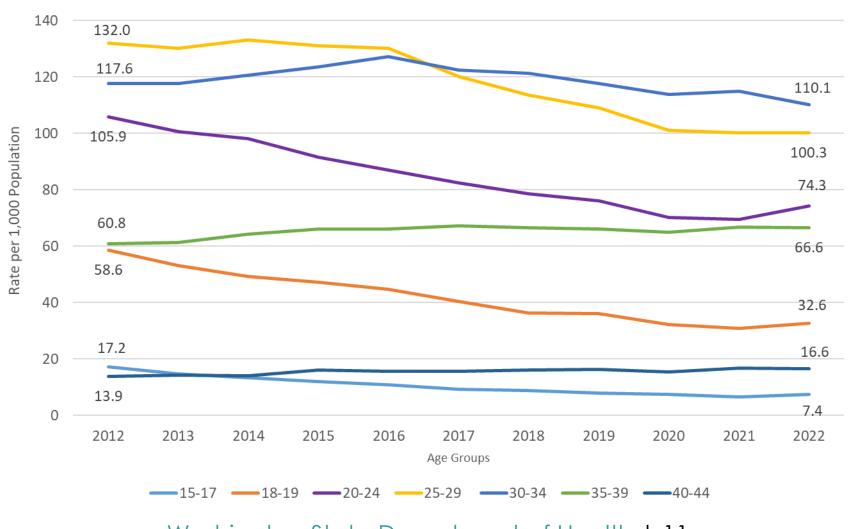


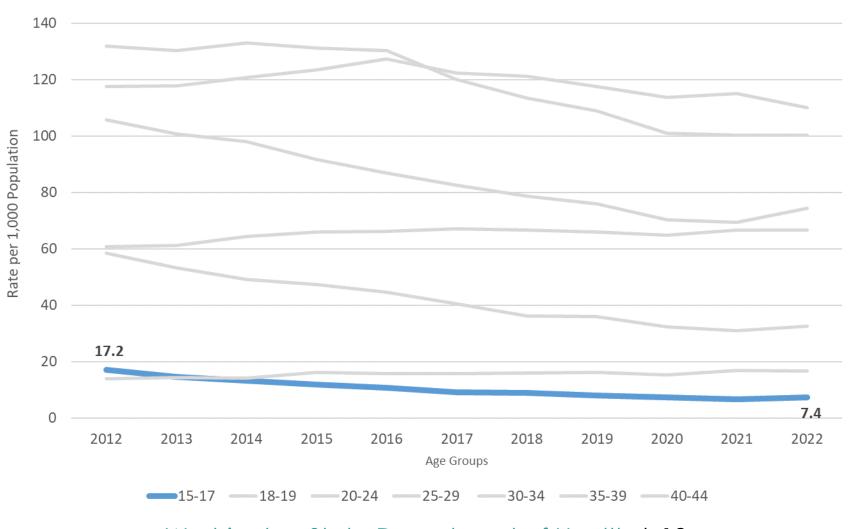
### Percent of Resident Births Covered by Medicaid First Steps Database, 1990-2022

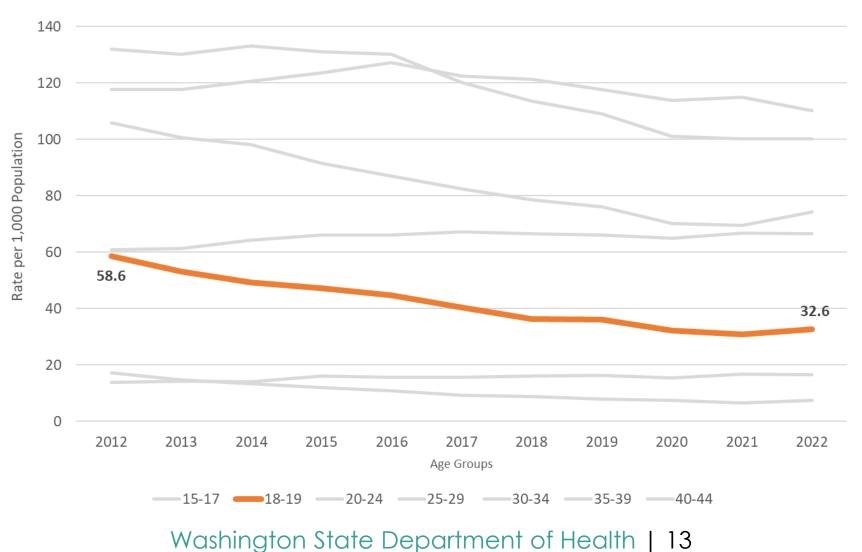


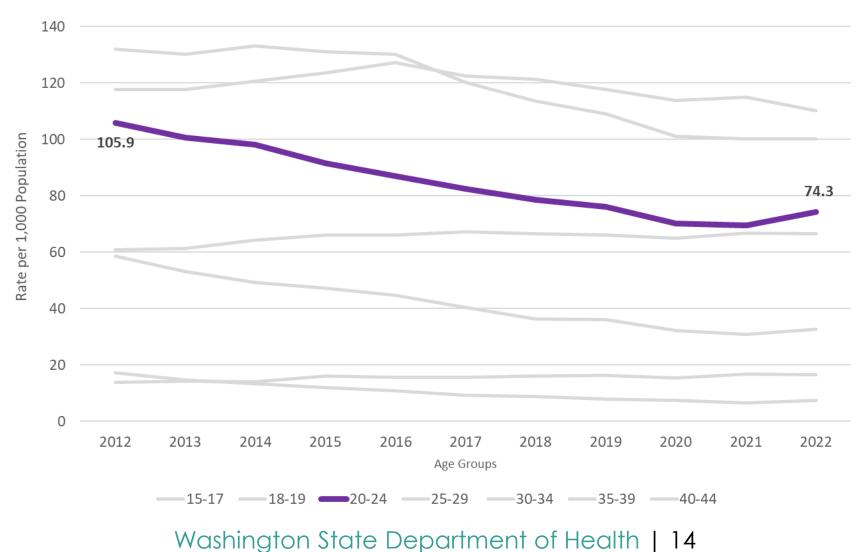
### Total Pregnancy Rates for WA Residents per 1,000 Population WA Vital Statistics, 2012-2022

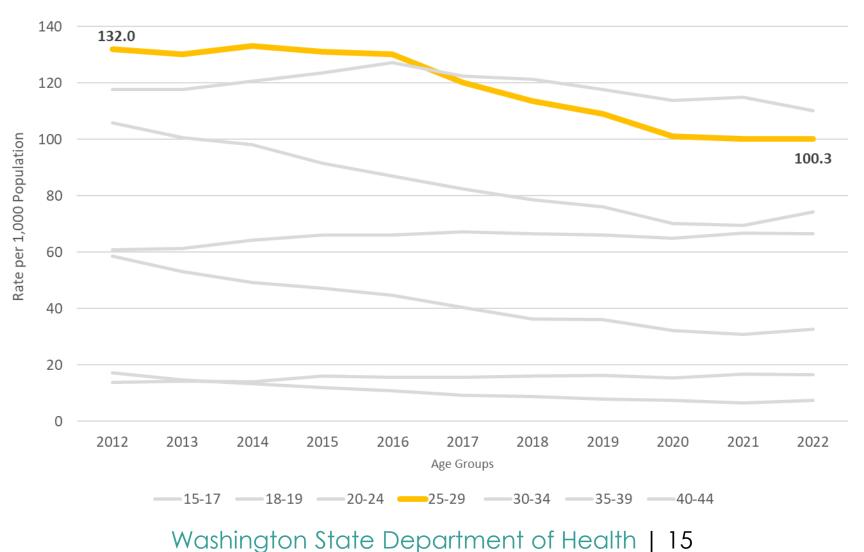


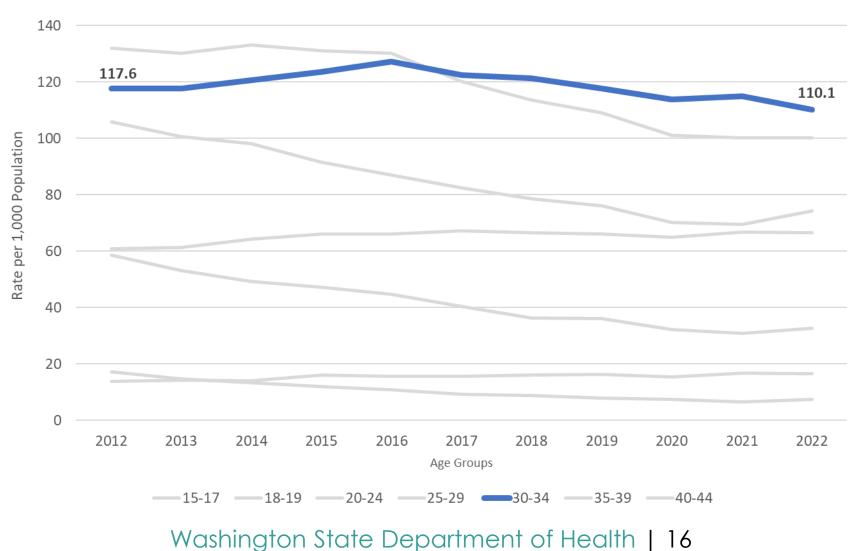


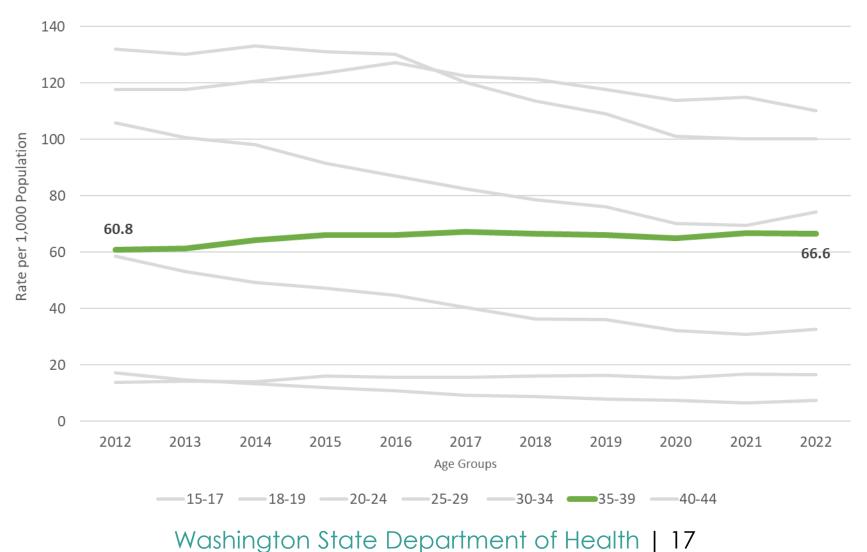


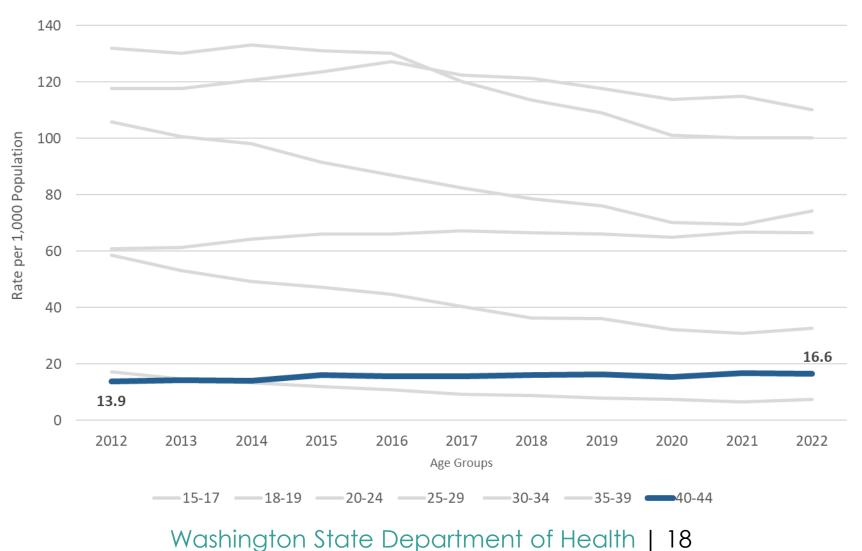




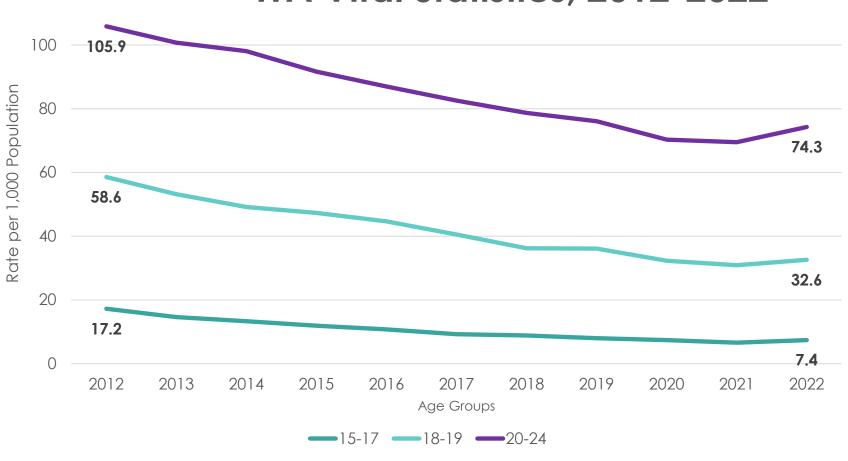






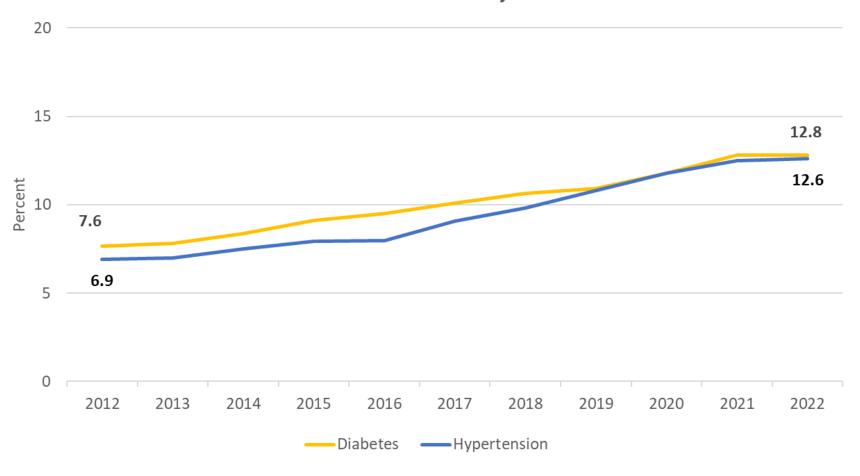


# Adolescent & Young Adult Pregnancy per 1,000 Population WA Vital Statistics, 2012-2022

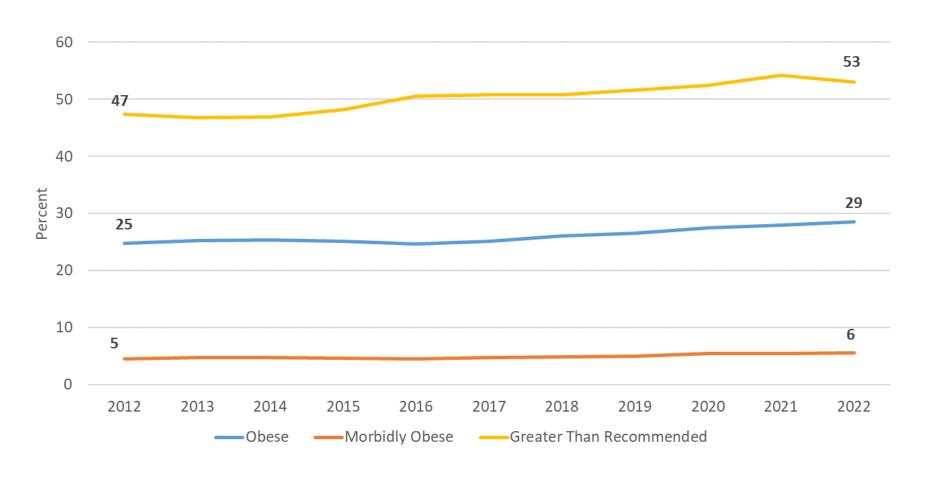


120

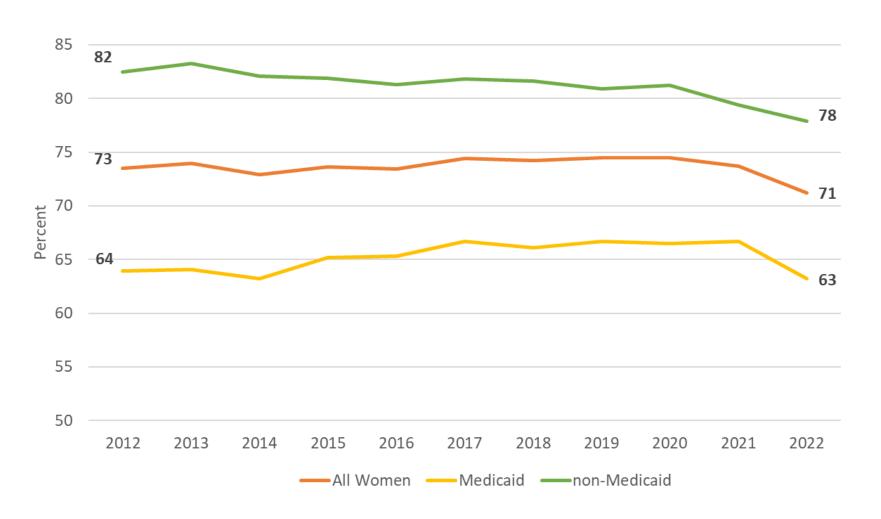
## Diabetes and Hypertension During Pregnancy WA Birth Certificate, 2012-2022



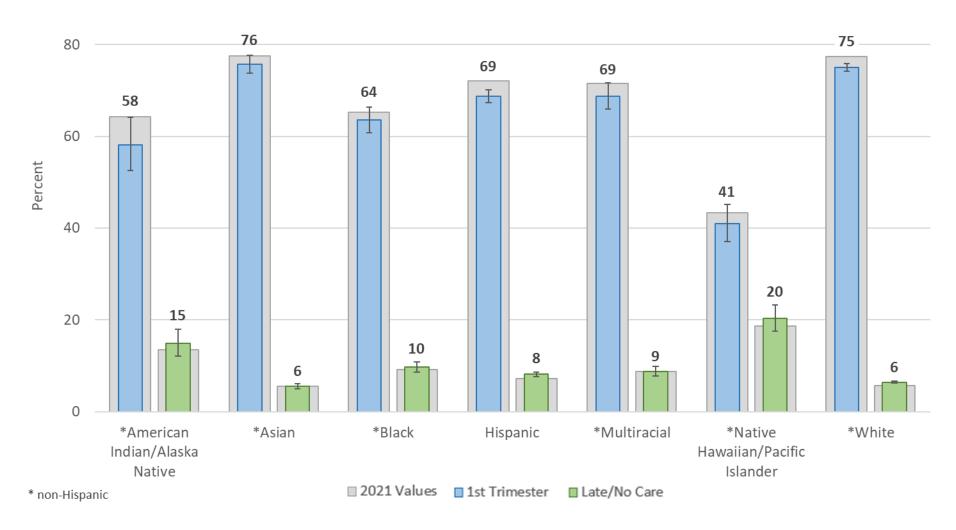
#### **Pre-Pregnancy Obesity and Morbid Obesity** WA Birth Certificate, 2012-2022



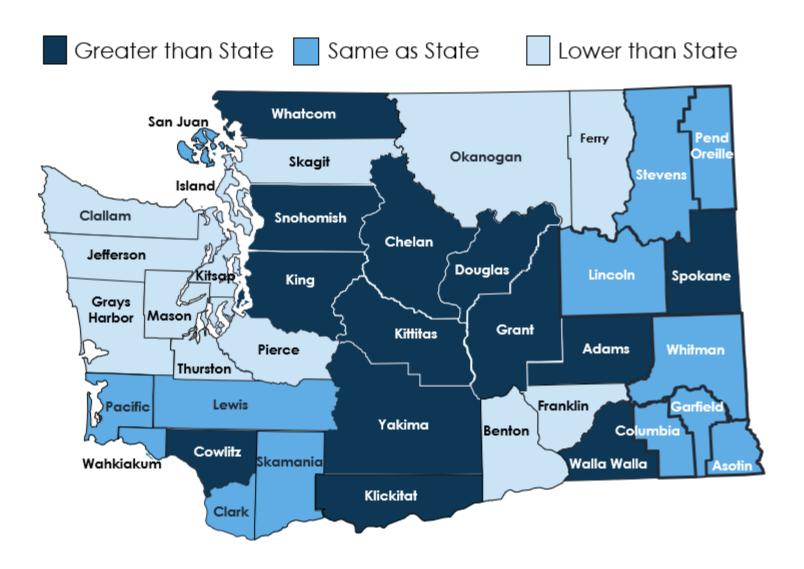
#### First Trimester Prenatal Care First Steps Database, 2012-2022



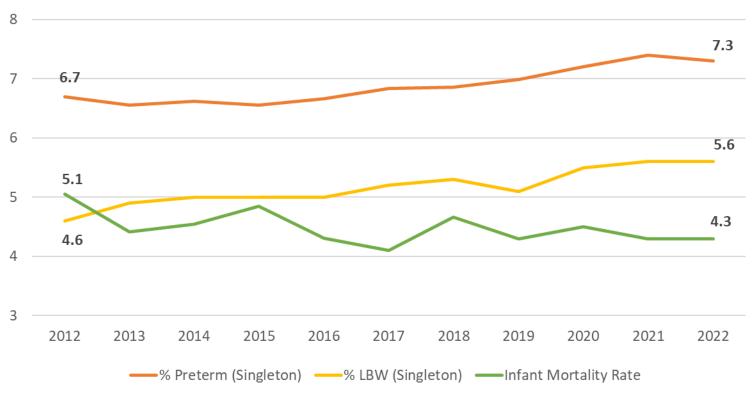
### Prenatal Care by Race/Ethnicity WA Birth Certificate, 2022



#### 1<sup>st</sup> Trimester Prenatal Care

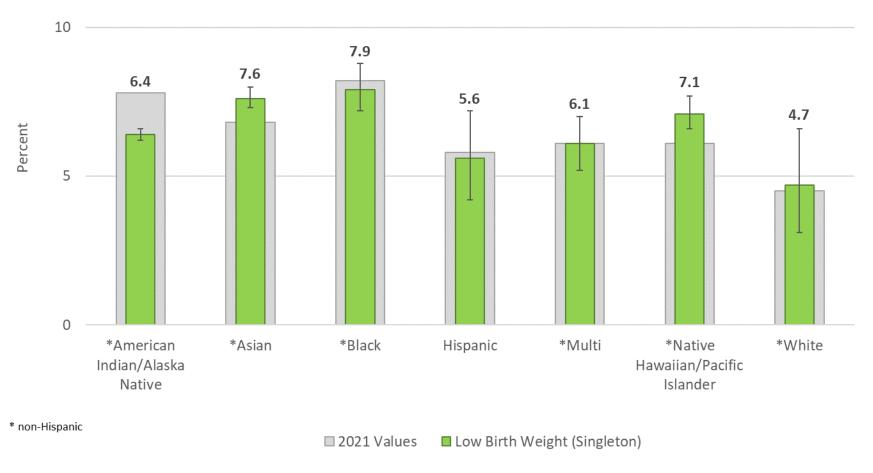


### Infant Outcomes WA Vital Statistics, 2012-2022

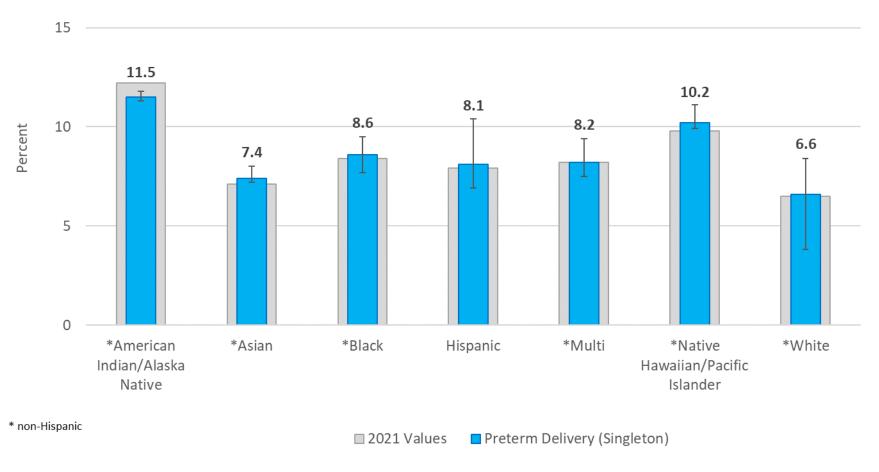


Preterm Births & Low Birth Weight % of Live Births Infant Mortality Rate per 1,000 Live Births

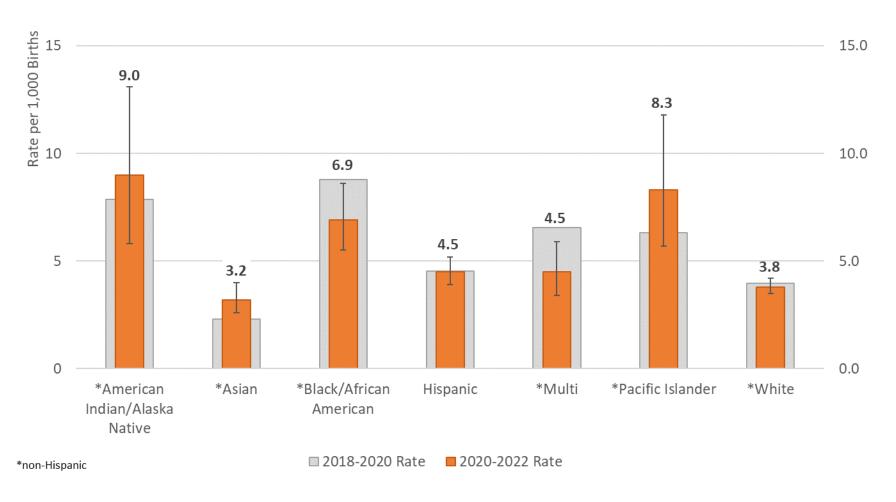
### Low Birth Weight by Race/Ethnicity WA Vital Statistics, 2022



### Preterm Births by Race/Ethnicity WA Vital Statistics, 2022



### Infant Mortality by Maternal Race/Ethnicity WA Infant Death File 2020-2022



### Summary

- The birthing population is more racially/ethnically diverse, with multi-racial as the fastest growing category
- Births are down 8% from peak in 2016
- Pregnancies are decreasing among adolescents and young adults overall, but increased in this last year Washington State Department of Health | 29

Preanancies are increasing

### Summary 5 cm

- Diabetes and hypertension during pregnancy have not changed since last year, will need more time to see if this is a change in the trend.
- Percentage of Singleton Preterm and Low Weight Birth deliveries have been fairly stable since 2020.
- Relatively low overall rate of infant mortality compared to national washington State Department of Health | 30 rates

### Summary

- Racial and ethnic disparities exist across many indicators, including:
  - Prenatal Care
  - ❖Low Birth Weight
  - ❖ Preterm Birth
  - Infant Mortality
- Prenatal Care in the 1st trimester has decreased for everyone, but is lower for those on Medicaid

#### Perinatal Dashboard

https://doh.wa.gov/data-and-statistical-reports/washington-tracking-network-wtn/perinatal-data

#### **Birth Outcomes**

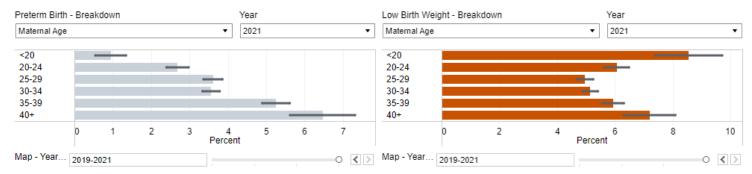
Data on birth outcomes are collected through birth certificates. This page shows data on perterm birth and low birth weight among singleton births in Washington. There are breakdowns by county, maternal race/ethnicity, and maternal age which highlight some disparities in these outcomes.

Preterm Birth - State Percent

Low Birth Weight - State Percent

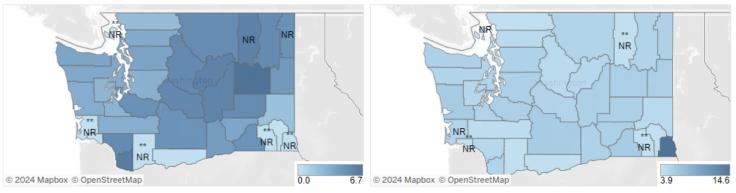
3.8%

5.6%



Preterm Birth by County, 2019-2021

Low Birth Weight by County, 2019-2021





TRACKING

### Questions?

### Thank You

Contact: Kari M Mentzer Kari.Mentzer@doh.wa.gov



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#### Within Reach Immunization initiatives

AJIA MCAFERTY MPH AJIAM@WITHINREACHWA.ORG

# WithinReach's Immunizations & Prenatal-to-Three Initiatives & Opportunities for Engagement

Washington State Perinatal Collaborative Meeting Thursday May 9, 2024



#### Meet Uur Team

#### Systems – Immunizations & Prenatal-to-Three Initiatives



Ajia McAferty, MPH (she/her)
Senior Manager, Coalitions & Partnerships



Drashti Patel, PharmD (she/her)

Project Manager, Immunizations &

Partnerships



Sandra McAteer, MPH(c) (she/her)

Graduate Intern, Immunizations &

Partnerships

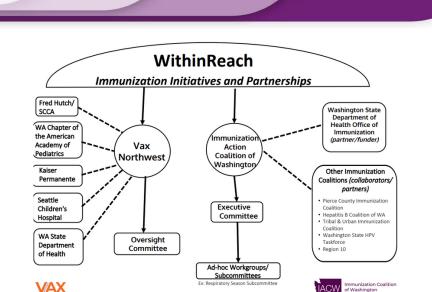


Advocate Working to
Improve Systems
for Washington
Families

Individual

Relationship

The Socio-Ecological Model



Community

Societal



## Immunization Action Coalition of WA (IACW

- Founded in 1994, meets virtually 4 times a year (quarterly for 2 hours)
- 2024 2025 Priorities
  - Increase proportion of WA residents vaccinated against COVID-19, influenza, and RSV
  - Advocate for increased mobile vaccination efforts in WA
  - Provide WA immunizers with opportunities, tools, and information to implement best practices, with a particular focus on Hepatitis B, HPV, measles (MMR), and vax during pregnancy
  - Disseminate/promote multilingual immunization materials
  - Increase proportion of WA children under two years older vaccinated accorssing to ACIP/CDC guidelines



Kaiser Permanente

Perinatal Health Providers/SMEs

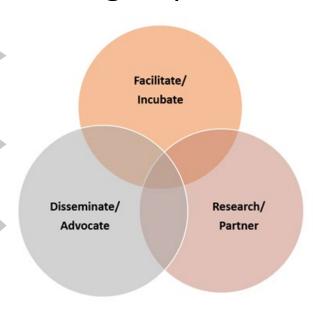
# Vax Northwest's "Perinatal Health Providers + Vaccinations During Pregnancy in Washington" Workgroup

WithinReach

UW/Seattle Children's Hospital

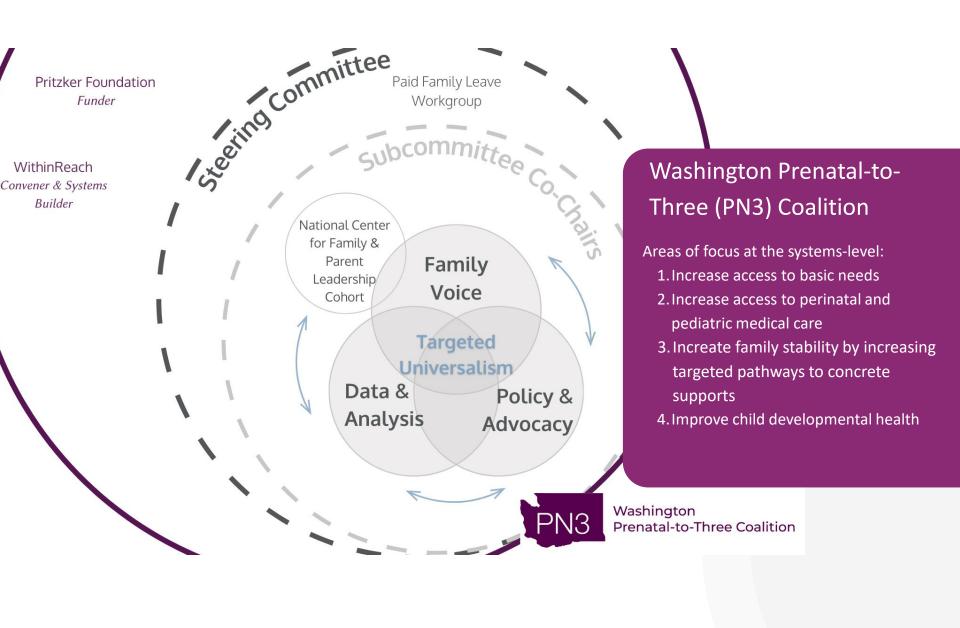
Washington Chapter of American Academy of Pediatrics

Washington
Department of Health



- Oversight Committee was founded in 2008
- The Vax During Pregnancy workgroup started in 2023 aims to (1) identify current vaccine practices and barriers to vaccine administration in OB/GYN and other prenatal/perinatal care settings across Washington State and (2) identify targeted strategies to increase immunizations among pregnant people in Washington State.
  - o Timeline: ongoing June 2025
  - Time Commitment: meets virtually every 3-6 weeks for 1 hour, 1-3 hours every 6 weeks
  - Looking for SMEs to join!
  - Time stipends available to those who meet qualifications





# Immunity Community

a WithinReach Resource





Events & Conferences (Immunization Summit, CDC Pink Book Training etc.)





### Opportunities to Get Involved



Engage with IACW

- (1) sign up for the newsletter
- (2) attend coalition meetings
  - (3) join a subcommittee



Join the Vax NW's "Perinatal Health Providers & VAccinations During Pregnancy" Project Workgroup



Check out the immunitycommunitywa.org for continuing education resources, and events.



Share Help Me Grow with patients as a resource for families with children 0-5 years old.



Engage with the PN3 Coalition (1) sign up for the newsletter (2) attend coalition meetings (3) join a subcommittee



# Questions or want to learn more?

Get in touch!

Phone Number

206-830-5161

**Email Addresses** 

ajiam@withinreachwa.org ic@withinreachwa.org

Website

immunitycommunitywa.org withinreachwa.org





## Doula: Certification & Reimbursement Eat, Sleep, Console Reimbursement

BETH TINKER PHD, RN

# WSPC – May 9, 2024 Health Care Authority Eat, Sleep, Console Reimbursement and status of doula benefit

Beth Tinker, PhD, MPH, RN Clinical Nurse Consultant – CQCT Elizabeth.tinker@hca.wa.gov

### Objectives

- Eat, Sleep, Console (non-pharmacologic first-line treatment)
  - Overview
  - Apple Health (Medicaid) benefit and reimbursement
  - Utilization
- Status of Apple Health (Medicaid) doula benefit and reimbursement
  - ▶ Department of Health (DOH) certification
  - Proviso from this past Legislative session
  - Current work at Health Care Authority (HCA)
  - ► Anticipate doula benefit in early 2025
  - ► How to stay informed

## Eat, Sleep, Console

### Rationale

- Neonatal abstinence syndrome (NAS) and neonatal opioid withdrawal syndrome (NOWS) in context of opioid crisis
- SSB 5380 in 2019, with resulting primary recommendation for reimbursement of nonpharmacologic first-line treatment
- Eat, Sleep, Console is evidence-based best practice
  - o "Mom as medicine" requires birthing parent to room in with infant
  - o Eat, Sleep, Console reduces hospital length of stay for infant from 20-21 days to 5-6 days
  - Positive impacts for both birthing parent and baby
- There was no mechanism for hospital reimbursement of L&D discharged birth parent who is rooming in with infant

### Apple Health policy change

- October 1, 2022, Apple Health reimburses hospital administrative day rate for birthing parent in context of NAS/NOWS
  - Newborn is typically observed for =/> 96 hours, whereas birthing parent is typically discharged 24-48 hours after delivery
  - Administrative day rate covers room and board for birthing parent who will remain "inpatient" status
- Vulnerable, and also limited population will benefit

# Criteria for newborn administrative day rate

- 1) Newborn: The newborn was exposed in utero to a substance or substances that may lead to physiologic dependence and continuous care by the postpartum parent is the appropriate first-line treatment (i.e., "Eat, Sleep, Console" or other non-pharmacologic similar model defined by continuous care by the birth parent).
- 2) **Postpartum parent:** The postpartum parent is able to room in with the newborn and provide continuous support and care. The additional inpatient hospital days on the newborn administrative day rate are for the postpartum parent.

## Criteria for newborn administrative day rate (cont.)

- **3) Hospital:** The billing hospital provides all prescribed medications to the postpartum parent for the duration of the stay, including medications prescribed to treat substance use disorder. These should be billed as a separate line item from the inpatient pharmacy, per WAC 182-550-4550.
- **4) Hospital:** The billing hospital provides at least the following services to the postpartum parent while inpatient under this newborn administrative day rate: a hospital bed/rooming in with the newborn, nutritional support for the parent, limited other support services which would be driven by the needs of their newborn (e.g., lactation support, nursing assessment and intervention, rounding, discharge planning).

### Admin day rate billing guidance

- Use rev code 0191 with ICD 10 diagnosis code 099.320 (drug use complicating pregnancy)
  - Rev code 0191 daily rate is currently \$359.97 (as of 11/1/23)
- Bill rev code 0191 under birthing parent's client ID
- Up to 5 days covered under policy
- Use EPA number 870001641 when billing rev code 0191 with diagnosis code 099.320 and exceed 5 days (i.e., starting with day 6)

Clinical policy and additional guidance is in the <u>Inpatient hospital services billing</u> guide

### Utilization

- Slowly increasing hospitals have faced numerous challenges
- Multicare is system utilizing/being reimbursed to date – Good Samaritan, Deaconess.
- Washington State Hospitals Association (WSHA) and DOH working to support hospitals

# Apple Health doula benefit

### DOH certification

- Legislative report in 2020. Doula desire to have credential in Washington and not have to work under a billing and supervising provider in order to get Centers for Medicare and Medicaid (CMS) approval on the benefit.
- DOH implemented a voluntary birth doula certification in 10/22, following legislation from last year.
- O HB 1881
- DOH credential for birth doulas

# Proviso from 2024 Legislative session

- Operating Budget 2024 ESSB 5950
  - ► Funding and directive for Apple Health doula reimbursement, modeled from the Doulas 4 All benefit design. Requires CMS approval.
  - ► Funding for a doula program manager at HCA and partial FTE for provider enrollment.
  - ► Funding for HCA to contract with external org for design and implementation plan for a doula hub and statewide referral system. Legislative report due 6/30/25.

### Current work at HCA

- Target implementation date is early 2025. There is currently no AH reimbursement for doulas.
  - Doula implementation workgroup meets every 2 weeks
  - ▶ Many components needed to get to implemented benefit
  - ▶ Plan to submit State Plan Amendment (SPA) to CMS in July, hoping for approval in 6mo or so
  - Rulemaking process started
  - Benefit design and rate setting
  - ▶ Communications plan. HCA will have public meetings, likely first in July
  - Doula program manager position posted 5/8/24 and closes 5/22/24. job posting
  - ▶ Other pieces: Managed care coordination, systems, provider enrollment, provider relations, contracted work, statewide recommendation, communication and education pieces, planning for evaluation, etc.

### How to stay informed

- Ask interested parties, partners, and stakeholders to sign up for the doula distribution list on GovDelivery.
  - Sign up to receive birth doula updates from HCA
- A doula mailbox has been created at HCA for inquiries and questions. <u>HCADoulas@hca.wa.gov</u>

## Questions?



### State QI~ Safe Haven

BAT-SHEVA STEIN DNP, M.SC., RN



## **WASHINGTON STATE**SAFE HAVEN LAW



Phone number: 1-888-510-2229

### Safe Haven Law For Newborns

WHAT IS THE LAW?

#### Safe Haven Law For Newborns

#### Also known as "Safety of Newborn Children"

In Washington, a parent may anonymously hand over their newborn within 72 hours of birth. Parents can leave an infant at a designated location without fear of prosecution.

- Protects infants from abandonment.
- If the newborn is brought in unharmed from abuse or neglect, guarantees anonymity and immunity from prosecution for parent.



### Existing Signs: incorrect phone number

Correct phone number is 1-888-510-2229. Calling the hotline helps parents create a safe plan for the baby.

- Drop-off locations must post signs (with phone number)
  - Emergency department of any hospital
  - Staffed fire stations
  - □ Federally designated rural health clinics

### Safe Haven 24/7 Hotline Signs



1-888-510-2229

24-hr Hotline Number (call or text):

1-888-510-2229; order signs through National Safe Haven Alliance.

- Free signs for locations with financial need: Locations with financial need can request signs through an online form.
- Share information with partners: Share this critical change with your community partners.

#### Resources

- Washington State Department of Children, Youth, and Families: Safety of Newborn Children Law
- Transfer of newborn to qualified person: Revised Code of Washington 13.34.360
- Order new Safe Haven signs (order signs with phone number): Order Signs | Nsha (nationalsafehavenalliance.org)
- DOH will provide financial assistance to drop-off locations with a financial need. Link to requesthttps://fortress.wa.gov/doh/opinio/s?s=SafeHaven
- Questions? Please email: Bat-Sheva.Stein@doh.wa.gov



### 2024 Hemorrhage Grants

**BAT-SHEVA STEIN** 

### Hemorrhage Grants

- 1. Promote hospital specific best practices in preventing maternal hemorrhage which may include staff education, hemorrhage carts, and supplies to treat maternal hemorrhage including:
- a. Maintain a hemorrhage cart or equivalent with supplies, checklists, and instruction cards for devices or procedures where antepartum, laboring, and postpartum patients are located.
- b. Ensure immediate access to first- and second-line hemorrhage medications in a kit or equivalent per the unit's obstetric hemorrhage emergency management plan.
- c. Provide scale on hemorrhage cart or other location to quantify blood loss.

- Whidbey Healthcare
- Multicare Yakima
- Kittitas Valley Healthcare
- Multicare Valley
- Pullman regional Hospital
- Jefferson Healthcare
- Harbor Regional Health
- Island Health
- Mason General Hospital
- Lake Chelan Health
- Providence Centralia
- Multicare Capital Medical Center
- Confluence healthcare
- Franciscan St Francis
- Multicare Tacoma General
- Othello Community
- Multicare Good Sam
- Prosser Memorial

- Prov Holy Family Foundation
- Swedish Edmonds
- Peacehealth St. Joseph
- VM Franciscan Seattle
- Multicare Auburn
- Peacehealth St. John
- Multicare Deaconess
- Prov. Sacred Heart
- Mid Valley Omak
- Astria Sunnyside Hospital
- Coulee Medical Center
- Skagit Regional
- Whitman hospital
- Legacy Salmon Creek
- Overlake
- Evergreen Health
- Peacehealth SW



## Rural Obstetric Workgroup

**BAT-SHEVA STEIN** 

## Rural Obstetric Workgroup

- Monthly meeting for those working in rural obstetrics or wanting to contribute
- Brainstorm solutions to current rural obstetric issues
- Likely meet on Fridays (once a month)
- Want to participate? <u>Bat-</u> Sheva.Stein@doh.wa.gov



# Implementing the Hypertensive Disorders of Pregnancy and Postpartum (Blue Bands): A Washington State Initiative





May 9<sup>th</sup> 2024









- Rebecca Penders, PhD, RNC-OB, C-ONQS
- Washington State Dept of Health/ Providence
- O Rebecca.Penders@Providence.org

# High Blood Pressure and Preeclampsic During and After Pregnancy

- The Blue Band Initiative is an effort to alert health care providers about a patient's risk for preeclampsia. Patients who are at risk of developing preeclampsia or having elevated blood pressure after giving birth, will wear a blue wrist band during pregnancy and after delivery of their infants.
- If you are a patient that has been asked to wear a blue band, keep it on until your provider takes it off or tells you to take it off, even after you've left the hospital.

### 2023-2024 Overview and Hospitals with a Blue Band Program

September 2023 (Hospital/ Facility/Clinic/ Practice policies)

October 2023 (the wrist bands, Blue Bands, and Patient/Provider Experience)

November 2023 (Patient Education and Support, Fall Survey)

December 2023 (Staff education and Data Collection)

January 2024 (Review Survey Data and Listening Session #1)

February 2024 (Communication and Listening Session #2)

March 2024 (First responders and Communication)

April 2024 (Comm with clinics, Blood pressure cuffs)

May 2024 (BP cuffs, Check in and Spring Survey)

June 2024 (Check in)

July 2024 (option to take a break for summer)

- Common Spirit, St. Francis Hospital, Federal Way, WA
- Providence Regional Med Center, Everett, WA
- Evergreen Hospital, Kirkland, WA
- MultiCare Yakima Memorial, Yakima, WA
- Kittitas Valley, Ellensburg WA
- Skagit Regional Health, Mount Vernon, WA
- Common Spirit, Virginia Mason Franciscan Health Seattle, WA
- Common Spirit, Saint Anne, Burien, WA



#### Blue Band Grants –



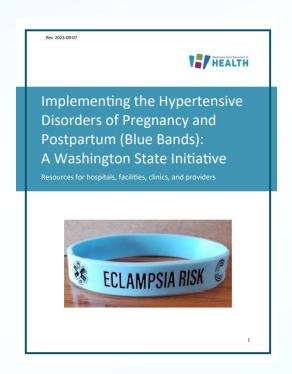
- 1. 40 hemorrhage contracts executed.
- 2. 35 Blue band contracts executed.
- 3. We are not issuing any new contracts at this time.
- 4. Facilities and organizations should be purchasing or spending the money and submitting an A19 form to me for reimbursement. Please watch the deadlines on your money- it is either June 30<sup>th</sup> or September 30<sup>th</sup>.

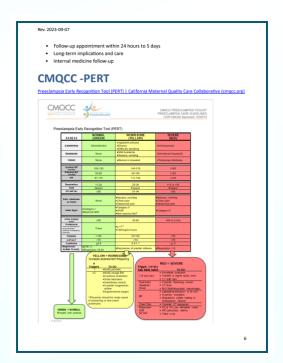


Bat-Sheva Stein DNP, MSc, RN WA Dept of Health Bat-Sheva.Stein@doh.wa.gov

Multicare Deaconess Multicare Yakima Clallam first steps family support Othello Community Prov Holy Family Foundation UW Medical Center Prov. Sacred Heart Multicare Auburn Multicare Tacoma General Skagit Regional Whidbey Healthcare VM Franciscan Seattle Overlake Multicare Valley Central WA Family medicine Peacehealth St. John Benton-Franklin Health District Peacehealth SW Franciscan St Francis Shades of Motherhood-Spokane Spokane Health District Legacy Salmon Creek Providence Centralia Peacehealth St. Joseph Samaritan- Moses Lake Multicare Capital Medical Center Kittitas Valley Healthcare Evergreen Health Confluence healthcare Multicare Good Sam Lake Chelan Health Swedish Edmonds Franciscan-St. Elizabeth Mid Valley Omak Providence St. peter's

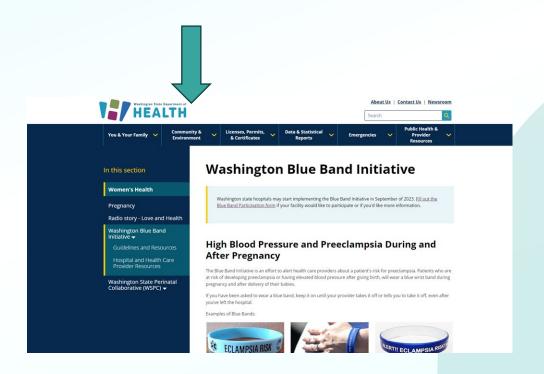
### Resources, Snippets from our Booklet...







### Learn more by visiting our website: DOH: Blue Band Initiative





### For more Hospital Forms. . .



#### Click here:

Hospital and Health Care
Provider Resources |
Washington State
Department of Health

Hospital Form Example Packet (PDF)

#### Thanks!

- To sign up your facility/practice/clinic to participate please use this <u>link-</u> once on the page the sign-up link is at the top.
- If you know someone that would like to participate in this work, contact Rebecca Penders-<u>Rebecca.Penders@Providence.org</u>
- If you have any other questions or suggestions, please contact <u>Bat-sheva.Stein@doh.wa.gov</u>







## State QI~ Human Milk Banking

SHARILYN EMHOFF BSN, RN

### Donor Human Milk

Contact Krystle Perez MD, MPH for help or equipment needs kmperez@uw.edu

Contact Sharilyn Emhoff BSN, RNC-OB to join the bimonthly meetings <u>sharilynemhoff@multicare.org</u>



# State QI -Team Birth & perinatal mental health

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## **Syphilis Discussion**

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## Updates & Sharing ~ All Participants

