



# I care about your health.

That's why I'm committed to prescribing **antibiotics** only when you need them.

I won't prescribe antibiotics when they are unlikely to work. Antibiotics can cure a lot of infections... but antibiotics don't work against viruses that cause the common cold, most coughs, and most sore throats.

## I will consider how an antibiotic may harm you.

- Taking antibiotics increase the risk of antibiotic-resistant bacteria (superbugs).
- You could experience side effects like harder-to-treat infection, skin rashes, allergic reaction, upset stomach, or diarrhea (which can be life-threatening).

## How can you help?

- If you get an antibiotic, take it as prescribed.
- Don't save antibiotics or give them to someone else

***If you have questions about why you are not getting an antibiotic, ask me, your nurse, or your pharmacist.***

Material adapted from: Meeker D, Knight TK, Friedberg MW, etc. al. JAMA Intern Med. 2014;174(3):425-431. doi:10.1001/jamainternmed.2013.14191 and Centers for Disease Control and Prevention (CDC) Get Smart: Know When Antibiotics Work materials. <https://www.cdc.gov/getsmart/community/index.html>.

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