Child Assessment Questions

Cascades Screen	Assessment Questions
Family Demographics	Tell me a little bit about your living situation.
	-
	Is your child taking any prescribed or over-the-
	counter medications?
Anthro/Lab	Would you like to see your child's growth chart?
Share growth chart	 What has your child's health care provider said about their growth?
	How do you feel about your child's growth?
	 What has your child's health care provider said about their iron?
Family Assessment	The goal of the next few questions is to find out how I
-	can support you and your family to connect you with

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Listen and assess for	any programs or referrals you might not be aware of.
Environmental Tobacco Smoke Exposure	We ask all participants these questions.
Recipient of Abuse (past 6 months) — select on Assigned Risk Factors screen	 In the past few weeks, have you or your child been in an enclosed space (at home, in a car, at work or daycare, etc.) while someone smoked or vaped? Do you feel safe and supported at home? (Follow with: We know relationships can be stressful and there are resources I can share with you.) Do you have what you need to store and prepare food? Do you have any limitations in preparing food? Do you currently worry about running out of food and not having money to buy more? Does your child have a health care provider, if so, who? Where did you hear about WIC? (Initial certification only)
Dietary & Health	Your child is growing and learning quickly. Some
Listen and assess for Nutrition concerns such as: Feeding Sugar-Containing Drinks Inadequate Fluoride Supplementation (> 6 mos.) Inadequate Vitamin D Supplementation (< 400 IU) Inappropriate Milk Substitute Inappropriate or Excessive Supplements Inappropriate Use of Bottle/Cup Not Supporting Development/Feeding Relationship Pica Potentially Contaminated Foods Reduced-fat or Non-fat milk (12 – 23 months) Very Restrictive Diet	caregivers have questions or concerns about what or how their child is eating. Tell me about your child's eating. What kind of foods does your child typically eat? How do you feel about their fruit and vegetable intake? Tell me what mealtimes look like. What do they drink throughout the day? Follow up with: what type of milk and how much? Follow up with: What are they drinking out of? Are there any foods your child is unable to eat because of allergies or other reasons? Does your child eat lunchmeat, hot dogs, runny eggs, unpasteurized foods, or raw fish? Does your child eat any items, such as carpet fibers, paint chips, soil, or other items that are not food? What vitamins, supplements, remedies, or teas do you give your child? Does your child take a vitamin D supplement? (Follow-up question if Vitamin D isn't mentioned) Does your child take a Fluoride supplement? (Follow up question if Fluoride isn't mentioned)

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	 If you could change one thing about your child's eating, what would it be?
Eco-Social	Optional screen
	Note: If any entry's made on this screen, the Physical
	Activity and TV/Video Viewing dropdown requires a
	response for infant and child.
Assigned Risk Factors	If no risk identified, assign:
	Not Meeting Feeding Guidelines (12 – 23 months) or
Assess for:	Not Meeting Dietary Guidelines (2 – 5 years)
Oral Health Conditions	
Developmental Delays Affecting	
Chewing/Swallowing	
Limited Skills for Proper Nutrition or	
to Make Feeding Decisions	

Mid Cert Questions

- (Review for a previous goal in the Individual Care Plan and follow up as appropriate.) Last time you set a goal(s) of ****, how has that been going for your family?
- Has anything changed in your child's health, eating, or physical activity since the certification on (date)?
- What concerns do you have?

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For persons with disabilities, this document is available on request in other formats.

To submit a request, please call 1-800-841-1410 (TDD/TTY 1-800-833-6388).



