

AMENDATORY SECTION (Amending WSR 23-18-048, filed 8/30/23, effective 10/1/23)

**WAC 246-835-010 Definitions.** The definitions in this section apply throughout this chapter unless the context clearly requires otherwise.

(1) "Birth doula" or "doula" mean a state-certified birth doula under this chapter.

(2) "Culturally congruent care" means (~~the care and respect towards families to uphold their cultural practices around birth as the duty of the doula regardless of their identity, as well as assisting families in accessing other doulas from the same background~~) respecting and upholding a client's cultural practices around birth, regardless of one's own cultural identity. Culturally congruent care includes a birth doula's responsibility to use community resources and networks to help families access other doulas from the same background, religion, culture, and community as ((them)) the client.

(3) "Department" means the department of health.

(4) "Postpartum" means the 12-month period beginning on the last day of pregnancy.

(5) "Secretary" means the secretary of the department of health. [Statutory Authority: Chapter 18.47 RCW and 2022 c 217. WSR 23-18-048, § 246-835-010, filed 8/30/23, effective 10/1/23.]

AMENDATORY SECTION (Amending WSR 23-18-048, filed 8/30/23, effective 10/1/23)

**WAC 246-835-025 Culturally congruent ancestral practices, training, and education.** (1) To apply for a birth doula certification, an applicant shall ~~((complete))~~ demonstrate knowledge of culturally congruent ancestral practices, training, and education that ~~((demonstrates learned familiarity with clients' cultural practices using culturally congruent care related to birth in client communities where the doula may practice. Such))~~ upholds culturally congruent care as defined in WAC 246-835-010(2).

(2) Culturally congruent ancestral training or experience may include, but is not limited to:

(a) ~~((Multicultural, ancestral and culturally congruent care; such as, but not limited to, rebozo use, belly binding, placenta~~

~~burial, placenta encapsulation, cord burning, lotus birth, development of intuition;~~

~~(b))~~ History of obstetrics; such as erasure of granny midwives and indigenous birth work;

~~((e))~~ (b) Trauma-informed care;

~~((d))~~ (c) Social determinants of health ~~((and))~~;

(d) Adverse childhood experiences; or

(e) Other training and education that enhances the applicant's knowledge of culturally congruent care or culturally congruent ancestral practices, training, and education.

~~((2))~~ (3) Documentation of completion must include:

(a) An attestation that they have successfully completed a training or have experience in one of the categories in subsection

~~((1))~~ (2) of this section; or

(b) A certificate of completion from a relevant training that lists the applicant's name.

[Statutory Authority: Chapter 18.47 RCW and 2022 c 217. WSR 23-18-048, § 246-835-025, filed 8/30/23, effective 10/1/23.]