



# Pregnancy Risk Assessment Monitoring System (PRAMS) Advisory Committee Meeting

## WA PRAMS ADVISORY COMMITTEE MEETING MINUTES

OCTOBER 17<sup>TH</sup>, 2024

<p>Agenda</p>	<ul style="list-style-type: none"> <li>• Welcome &amp; Introductions</li> <li>• Opioid Supplement: Presentation and Discussion</li> <li>• PRAMS Participant Recruitment</li> <li>• Announcements &amp; Wrap-up</li> </ul> <p>See slides posted to PRAMS website: <a href="#">Pregnancy Risk Assessment Monitoring System (PRAMS)   Washington State Department of Health</a></p>
<p>Questions &amp; Discussion</p>	<p><b><u>Opioid Supplement</u></b>  <i>Goal:</i> Recommendation from AC on whether to continue or drop the Opioid Supplement (OS)  <i>Presentation highlights:</i></p> <ul style="list-style-type: none"> <li>• DOH added OS in 2019, along with 24 other PRAMS sites; in 2022 only 6 sites continued</li> <li>• 5.3% of respondents reported PPR use in WA; a small minority reporting misuse</li> <li>• Interesting preliminary data on source of PPR; counseling received; perceptions of harm</li> <li>• Slower rate of prenatal care initiation among PPR users</li> <li>• Only population-based survey data on prescription pain reliever (PPR) use and misuse among pregnant people. New questions in Phase 9 could support addt'l analyses about experiences with providers, mental health, discrimination, racism, etc</li> <li>• Substance use is primary contributor to maternal mortality in WA</li> <li>• Challenges: long survey, no federal funds for OS; small numbers prohibit some analyses</li> </ul> <p><i>Feedback:</i></p> <ul style="list-style-type: none"> <li>• Lots of interest in presentation, interest in sharing slides with teams</li> <li>• HCA &amp; WSU are submitting a Legislative Report for Neonatal Abstinence Syndrome; request made for copy of report to share out with PRAMS AC</li> <li>• Potential interest from UW students</li> </ul> <p><b>Recommendation: Continue with Supplement</b>  <i>Note:</i> Had some difficulties with final Poll vote; however, no one voted to Drop, majority voted to Continue, 2 were unsure.</p> <p><b><u>PRAMS Participant Recruitment</u></b></p> <ul style="list-style-type: none"> <li>• New promotional materials developed for WA PRAMS – Flyer, Brochure, and Poster. Will be posted on website</li> </ul>



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	<ul style="list-style-type: none"> <li>• Unweighted WA PRAMS response rates presented, showing continuing decline in participation despite introduction of web option in 2023.</li> <li>• Some differences in rates presented by demographics (age, race/ethnicity, WIC status, insurance, geography)</li> </ul> <p>Small Groups: identify 3 or more recruitment ideas</p> <ul style="list-style-type: none"> <li>• Partner with community groups – NHPI</li> <li>• Partner with community organizations that already serve the communities - Doulas, Home Visiting, WIC</li> <li>• Look for opportunities to distribute materials thru hospitals, MCOs, ACH</li> <li>• Create Script for Staff on how to promote PRAMS to their constituents, make it easy for Staff to advocate for responses</li> <li>• Advertise online – very short social media postings. Can post on DOH SM site, target to specific groups</li> <li>• Identify other multi-agency groups and share QR code and blurb to include in their newsletters, etc – DCYF, Prenatal-to-Three, Perinatal Collaborative, Pregnancy, Infancy and Early Childhood (PIE)</li> </ul>
Announcements	<ul style="list-style-type: none"> <li>• Required Reporting – DOH must report out on any PRAMS data uses from 2024. Will include in our Continuation Application.</li> <li>• Data Availability – 2022 (now) &amp; 2023 (late 2024/early 2025)</li> </ul>
Next Meeting	<p>February 6, 2025 10:00am – Noon Call-in information included in calendar appointment</p>
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