



To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.

Draft Minutes

April 1, 2024

Labor & Industries, 7273 Linderson Way SW, Tumwater, WA 98501

Members Present: Chandra Lovejoy, Athletic Trainer; Craig Bennett, Athletic Trainer; Denton Norwood, Athletic Trainer, Chairperson; Kirk Westre, Public Member; Kasandra Hildenbrand, Athletic Trainer, Vice-Chairperson.

Staff Present: Allyson McIver, Program Manager; Jennifer Santiago, Executive Director; Madissen Schatz, Assistant Program Manager; Na'Taya Harris, Administrative Assistant; Marianne Richter, Policy Analyst; Noelle Chung, Assistant Attorney General

1. Call to Order

Ms. McIver called the public meeting to order at 9:05 AM, welcoming participants and officially starting the business meeting.

1.1. Introductions

Ms. McIver initiated the introductions for board members and staff members. The introduction concluded with Chairperson Norwood acknowledging all attendees.

1.2. Approval of Agendas

Ms. McIver called for approval of the agenda. The motion to approve the agenda by Mr. Bennett, seconded by Ms. Hildenbrand, was unanimously approved.

1.3. Approval of December 18, 2023, Meeting Minutes

Ms. McIver invited questions or comments on the December 18, 2024 meeting minutes. The minutes were approved unanimously after a motion by Ms. Lovejoy and a second by Ms. Hildenbrand.

1.4. Public Comment

The committee moved to the public comment period, and after no participants, it was suggested and agreed upon to close the open forum.

2. Credentialing Presentation

Ms. McIver opened the floor for Executive Director Zachary Patnode to share his credential presentation. The presentation entailed data goals, future planning, and credentialing updates.

3. Bylaws Review

Ms. McIver suggested an edit to the department logo to reflect the most updated logo. Upon review, the committee had no further edits.

4. Annual OPM Refresher

Ms. Chung presented the Open Public Meeting Act. She provided insightful information regarding where the information can be found and background information of how this Act was established. Information included how to remain in compliance with this rule and the importance of continued compliance.

5. 2024 Legislative Session Discussion

Ms. Hildenbrand and Mr. Bennett shared a brief report out of legislative activity following the conclusion of the 2024 legislative session. It was noted that there were no bills passed that directly affect the committee.

6. Medications Rule Update

Ms. McIver outlined the CR-102 process for the medication's rules project and shared that the project was filed with the code Reviser's Office on March 20th, 2024. She stated that the CR-102 is now in the public comment period and that the rules hearing is scheduled for Thursday May 2nd at 1:00 PM. Ms. McIver detailed the process of how the public comment and the rules hearing stages will be conducted.

7. Cupping and Myofascial Decompression

Ms. McIver briefly explained the question of myofascial decompression and if this activity is within the scope of practice for athletic trainers. The program shared some of the challenges with addressing scope questions, particularly when the modality in question is listed as within scope for acupuncture practice, and the athletic trainer statute excludes the practice of acupuncture. Chairperson Norwood and Ms. Hildenbrand researched the matter in advance and prepared their findings to discuss at today's meeting. The committee discussed their findings and consensus of their research.

Chairperson Norwood reviewed the use and timeline of when myofascial decompression is necessary for athletic trainers and pointed out the difference between how and when athletic trainers use myofascial decompression in comparison to an acupuncturist. The committee discussed if myofascial decompression is considered cupping.

Mr. Bennett clarified that the statute does not clearly exclude athletic trainers from specifically using this technique. He also brought attention to the fact that access to the medical devices used for myofascial decompression are available to the public and are not exclusively owned by one profession or another.

Ms. Chung shared that she would continue discussions with her colleagues in other professions that may be interested in this topic, such as the Acupuncture and Eastern Asian Medicine community, and will report back to the committee and the department with her findings and opinion at a future committee meeting.

8. Compounding Medication Discussion

Chairperson Norwood reflected on his research regarding standards for compounding medication. He posed the question of can athletic trainers compound medication to the committee. He brought the committee's attention to a 2021 nursing commission advisory opinion regarding compounding and reconstituting medications and scope of practice and opined that if the nursing commission could release an advisory opinion clarifying scope, then this should be an option for the athletic trainer profession. The committee discussed their opinions on if compounding medications was within scope of practice for athletic trainers. It was noted that simple compounding is not defined, and that the statute is silent on this matter.

Ms. Chung clarified the definitions of administering and compounding medications and reflected that it is challenging to compare statutes between professions. Ms. Chung will continue to research the matter.

9. Consent Agenda – Correspondence –

Ms. McIver stated that there was nothing on the consent agenda.

10. Program Report – Allyson McIver, Program Manager

10.1 Credentialing Statistics

Ms. McIver reported on upcoming improvements. Credentialing will be providing more comprehensive reports for boards, commissions, and committees. As of February 28, 2024, there has been an average of 12 pending applications. On average we receive an average of eight athletic trainer applications per month and a total of 861 licensees.

10.2 Operating Budget

Ms. McIver presented the program budget report for July 1st, 2023, to January 31st, 2024, the fund balance continues to exceed the fund balance goal. The actual revenue

fell short of the estimated revenue. Chairperson Norwood asked if licensing fees are the only source of revenue. Ms. McIver confirmed that licensing fees are the only source of revenue.

10.3 Disciplinary Statistics

Ms. McIver presented disciplinary statistics for the period of July 1, 2023, to February 9, 2024. With no further questions raised. Committee involvement in the disciplinary process was clarified as minimal.

10.4 Committee Recruitment Updates

Recruitment for Chairperson Norwood's position has begun with more to come in August 2024. Applications have been received to fill Chairperson Norwood's upcoming vacancy.

10.5 BOC Updates

Ms. Hildenbrand will be representing the committee and the state of Washington in July at the BOC CARE Conference. Ms. Hildenbrand will report on her trip at the August committee meeting.

11 Adjournment

Chairperson Norwood adjourned the meeting at 11:29 a.m.

Washington State Athletic Training Advisory Committee

On file _____

Denton Norwood, Chairperson

Contact:

Allyson McIver, Program Manager

(360) 236-2878

allyson.mciver@doh.wa.gov