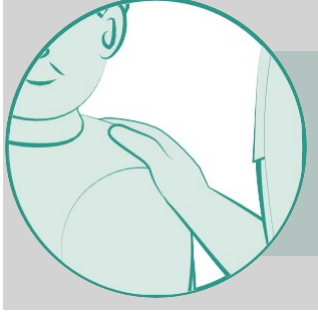


Ka Dhigo Gacma Nadiifinta Caado

Mar kasta gacmaha nadiifi:

Kahor...



Taabashada qof deegaanka deggan



Samaynta hawl nadiif ah ama ka dhowrsan jeermiska

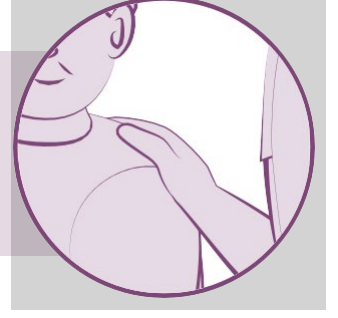


Ka tagista shaqada oo ah meel wasakhaysan adiga oo tagaya goob nadiif ah



Ka bixista qolka qofku deggan yahay

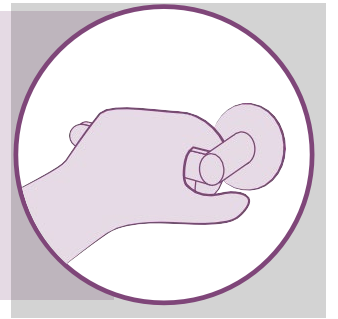
Kadib...



Taabashada qof deegaanka deggan



Taabashada dheecaanada jirka ama ka caawinta isticmaalka suuliga



Taabashada oogoooyinka ama qalabka deegaanka qofku deggan yahay



Iska bixinta gacmo-gashiyada:

Saabuun iyo Biyo ama Jeermis dilaha Gacmaha?



Gacmo nadiifiyaha alkoloda ah waa:

- Mid aad ugu wanaagsan jeermis dilida
- Mid qalali og
- Mid fudud in la isticmaalo xiliga daryeelka bukaanka

Ku nadiifi gacmaha saabuun iyo biyo:

- Kadib marka aad qof meesha deggan ku daryeesho C. diff.
- Marka gacmaha wasakh ay ka muuqato
- Kahor inta aadan wax cunin
- Kadib marka aad suuliga isticmaasho

