

## Formula Descriptions – Washington WIC Nutrition Program

Standard Formulas*			
Formula	Form	Description	Image
Similac Advance	Powder, Concentrate, or RTF	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 20 calories per fl oz</li> <li>• <b>Milk-based</b></li> </ul>	
Similac Sensitive	Powder or RTF	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 20 calories per fl oz</li> <li>• <b>Milk-based</b>, reduced lactose.</li> <li>• <b>Indication(s):</b> Fussiness and gas due to lactose sensitivity; or mild spit-up.</li> </ul>	
Similac Total Comfort	Powder	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 20 calories per fl oz</li> <li>• <b>Milk-based</b>, partially hydrolyzed protein, reduced lactose.</li> <li>• <b>Indication(s):</b> Fussiness and gas due to lactose sensitivity.</li> <li>• <b>Notes:</b> Option for infants who have difficulty tolerating other milk-based formulas.</li> </ul>	
Similac Soy Isomil	Powder, Concentrate, or RTF	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 20 calories per fl oz</li> <li>• <b>Soy-based</b>, lactose-free.</li> <li>• <b>Indication(s):</b> Fussiness and gas; vegetarian families; disorders such as lactase deficiency, lactose intolerance, and galactosemia**.</li> <li>• <b>Notes:</b> Not recommended for premature infants with birth weights less than 1800g.</li> </ul>	

Added Rice Formula*			
Formula	Form	Description	Image
Enfamil A.R.	Powder	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 20 calories per fl oz</li> <li>• <b>Milk-based</b></li> <li>• <b>Indication(s):</b> Reflux, frequent spit-up.</li> <li>• <b>Notes:</b> Thickened formula.</li> </ul>	

\*Reference the manufacturer's website for the most up to date information; \*\*Refer to the health care provider if you suspect any of these disorders.

## Therapeutic Formulas\*

Formulas	Form	Description	Image
<b>Premature</b>			
Similac NeoSure	Powder or RTF	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 22 calories per fl oz</li> <li>• <b>Milk-based</b></li> <li>• <b>Indication(s):</b> Prematurity</li> <li>• <b>Notes:</b> Increased calories, protein, vitamins, and minerals compared to term infant formula.</li> </ul>	
Enfamil NeuroPro EnfaCare	Powder or RTF	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 22 calories per fl oz</li> <li>• <b>Milk-based</b></li> <li>• <b>Indication(s):</b> Prematurity or low birth weight.</li> <li>• <b>Notes:</b> Increased caloric density, protein, and some vitamins and minerals compared to standard term formula.</li> </ul>	
<b>Hypoallergenic</b>			
Similac Alimentum	Powder or RTF	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 20 calories per fl oz</li> <li>• <b>Hypoallergenic</b>, extensively hydrolyzed formula.</li> <li>• <b>Indication(s):</b> Cow's milk protein sensitivity, food allergies, sensitivity to intact protein.</li> </ul>	
Nutramigen LGG	Powder	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 20 calories per fl oz</li> <li>• <b>Hypoallergenic</b>, extensively hydrolyzed formula.</li> <li>• <b>Indication(s):</b> Food allergies including cow's milk allergy.</li> <li>• <b>Notes:</b> Probiotic LGG to help support the strength of the intestinal barrier and support digestive health and immune health.</li> </ul>	
Nutramigen	RTF or Concentrate	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 20 calories per fl oz</li> <li>• <b>Hypoallergenic</b>, extensively hydrolyzed formula.</li> <li>• <b>Indication(s):</b> Food allergies including cow's milk allergy.</li> </ul>	
<b>WIC Eligible Nutritionals</b>			
PediaSure	RTF	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 30 calories per fl oz</li> <li>• <b>Indication(s):</b> Increased nutrient needs, growth faltering (failure to thrive).</li> <li>• <b>Notes:</b> Complete nutrition for children 2 to 13 years old. Consult a health care professional for use with children under 2 years of age. Suitable for lactose intolerance.</li> </ul>	
PediaSure with Fiber	RTF	<ul style="list-style-type: none"> <li>• <b>Calories:</b> 30 calories per fl oz</li> <li>• <b>Indication(s):</b> Increased nutrient needs, growth faltering (failure to thrive).</li> <li>• <b>Notes:</b> Complete nutrition for children 2 to 13 years old. Consult a health care professional for use with children under 2 years of age. Suitable for lactose intolerance. Fiber to help maintain regularity.</li> </ul>	