



Origination 10/2019  
Last Approved 04/2024  
Effective 04/2024  
Last Revised 04/2024  
Next Review 04/2025

Owner Amy Schreiber:  
CNO  
Area Patient Care

## Patient Admission Criteria

### I. Scope:

This policy outlines patient admission criteria for the intake and assessment and inpatient units.

### II. Procedure:

#### A) Admission:

All the following criteria must be met for admission to Wellfound Behavioral Health Hospital (WBHH):

- The patient is at least 18 years old.
- Patients that are over 65 years old with secondary concerns (ie. cognitive and/or health concerns) need Chief Medical Officer (CMO) and/or Chief Nursing Officer (CNO), or designee, documented approval.
- Primary diagnosis is a psychiatric disorder, either known or suspected.
  - There is evidence of an acute episode or acute exacerbation with symptoms causing significant function impairment and/or that place the patient or another person at risk.
- Because of symptom severity, the patient requires 24-hour supervised care.
- The patient is expected to benefit from psychiatric hospitalization.

#### B) Medical Clearance:

- Vital Signs:
  - Temperature: less than 100.4
  - Heart Rate: 60-110
  - Blood Pressure: Systolic 100-180, Diastolic less than 100

- Respiratory Rate: 8-22
- O2 Sat: greater than 95% on room air
- Weight less than 350 lbs
- hCG for women 18-50 years old
- Diabetes: FSBS 60-250
- Medical concerns screened and cleared
  - Labs appropriate to the presentation and medical history have been performed and results validate medical stability
  - Emergency Department (ED) physician has documented a diagnostic assessment and attestation that patient is medically cleared

Patients Must:

- Ambulate
- Be able to perform Activities of Daily Living (ADLs)
- Self-transfer

Special Consideration Prior to Accepting Patient:

- If patient takes nonformulary medications, contact pharmacy, virtual pharmacy, or medical leadership

**C) Exclusions:**

Patients with the following do not meet criteria for admission:

- Signs, symptoms
  - Fever  $\geq 100.4$
  - QTc > 500
- Treatment needs
  - Requires lines or tubes (e.g. C-PAP, IV, NGT, NPAT, ETT, CVL, tracheostomy tube)
  - Conditions requiring suction
  - Intensive wound care
  - Requires assist for transferring or ambulating
  - O2 therapy
  - Prescribed C-PAP or Bi-PAP.
  - Hospice
  - Parenteral chemotherapy
  - Aspiration or choke risk, or inability to eat or swallow
- Primary problem is a housing and/or economic difficulty
- Diagnosis

- Delirium
- Dementia
- Third trimester pregnancy (27+ weeks gestation)
- Primary Substance Use Disorder, presenting for detox only
- Experiencing or at risk for severe alcohol or benzodiazepine withdrawal symptoms
- Developmental disorder, new Traumatic Brain Injury (TBI), or neurocognitive or functional limitations that significantly impact ability to participate or benefit from treatment
- Any serious or life threatening acute medical illness
  - including but not limited to Active infection, Acute renal failure, ESRD, CVA, recent MI, unstable Angina, Hypertensive crisis, untreated fracture, diabetic ketoacidosis, sepsis, gastrointestinal (GI) bleed, Uncontrolled seizures, CHF with acute dyspnea, CAD with chest pain, etc.
- Antisocial Personality Disorder

**D) Consult Chief Nursing Officer (CNO)/Chief Medical Officer (CMO) or Designee:**

- Signs, symptoms
  - Recent seizures with or without history of seizure disorder
  - Weight greater than 350lbs
- Treatment needs
  - Wound care
  - Coumadin therapy
  - Urinary catheter
  - Fractures stabilized with casts, splints, or braces
  - Patient requiring assistance with ADLs
  - Recent surgery requiring post-operative care
  - Patient requiring a wheelchair, walker, or cane
  - Medications requiring special handling (biologics, chemotherapy agents, etc.)
- Diagnosis
  - 2<sup>nd</sup> trimester pregnancy (13-26 weeks gestation)
  - Primary diagnosis of personality disorder where there is questionable benefit from inpatient hospitalization
  - Eating disorder
- Patient behaviors
  - Pattern of criminal, menacing or assaultive behavior that is not the result of a treatable mental illness and does not or is not expected to resolve with psychiatric

treatment

- Level 3 registered sex offenders (can be reviewed by Chief Operations Officer)

## Approval Signatures

Step Description	Approver	Date
Policy Committee	Amy Schreiber: Director, Quality	04/2024
Chief Medical Officer (CMO)	Brian Neal: CMO	03/2024
Chief Nursing Officer (CNO)	Alexis Johnson: Chief Nursing Officer (CNO)	03/2024
Chief Clinical Officer (CCO)	Rhiannon Service: Chief Clinical Officer	02/2024
Owner	Alexis Johnson: Chief Nursing Officer (CNO)	02/2024

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