

Your **child** is due for a health **checkup!**



Washington State Department of

**HEALTH**

# Dear Parent or Guardian,

It's time to schedule a health checkup for your pre-adolescent. Checkups are recommended once a year.



## Your child needs the following vaccines:

- **One** dose of Tdap to protect against tetanus, diphtheria, and pertussis (whooping cough).
- **Two** doses of meningococcal to protect against meningitis.
- **Two** doses of human papillomavirus (HPV) to prevent many types of cancers.

Please contact us soon to schedule an appointment. Getting vaccinated on time will give your child the best disease protection. If your child is no longer a patient of this clinic, please let us know so we can update our records.

**We look forward to seeing you soon!**



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To request this document in another format, call 1-800-525-0127.

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(Washington Relay) or email [civil.rights@doh.wa.gov](mailto:civil.rights@doh.wa.gov)