



STIs are on the rise. Schedule a confidential, nonjudgmental test for HIV/ STIs and Hepatitis C.



Wrap Condoms are a small way to give you big protection from STIs. Get them for free at locations near you.



Ask PrEP is a highly effective medication that can keep you HIV-negative. Ask a health care provider if PrEP is right for you.



*Keep up* with health care. If you're living with HIV, consistent treatment keeps your viral load undetectable. Undetectable= Untransmittable (U=U). Learn more: https:// gettested.cdc.gov/



**Accept and agree** Consent should be clear, ongoing, and voluntary.



**Carry** Naloxone and save a life.



Get poked The COVID-19 vaccine is the most effective way to prevent the virus.

## **Know your status** Find a free test near you

## Washington State Department of

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