



Training Supplement

Unit 6

MANAGE CARE PLAN FOR A
WOMAN AND CHILD

MY NOTES

MY QUESTIONS

3 Things I Saw or Read to Discuss at My Clinic

- 1.
- 2.
- 3.

Other Topics to Bring Back to My Clinic

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For persons with disabilities, this document is available on request in other formats.
To submit a request, please call 1-800-841-1410 (TDD/TYY 711).
DOH-961-1147 December 2018



About this Supplement

We created this Training Supplement as a reference to help you organize new topics, computer functions, and information you'll need that's specific to Washington WIC. We'll share tips and tools for continuing the warm and welcoming WIC services you offer to all WIC families in Washington while changing to a new system.

Please note the Computer Based Trainings (CBT) are only used to explore and practice using Cascades. Some scenarios in the CBT don't necessarily reflect state policies and procedures. Also, some content in the CBT and in the Cascades Sandbox may look different once you use Cascades after your clinic's rollout date. For example, some Nutrition Education topics or Goal choices may look different.

We hope we highlighted key areas for you, shed some light on some of the ways your work will be changing, and helped begin conversations with your co-workers as you bring Cascades to your clinics.

Simulation TIPS!

- 1) Be very, very accurate with your cursor when the instructions ask you to click on a certain part of the Cascades page.
- 2) Spell words exactly as you are instructed to type them—watch for extra spaces and spelling.
- 3) If you need to take the simulation again, click on the "Simulation Instructions" in the Table of Contents (right).
- 4) If you want to view specific content again, click on the Slide Title in the Table of Contents (right).

About this Unit

In this Unit we'll look at the breastfeeding peer counselor care plan. We'll follow up on the family and individual care plans we established in Unit 4. Please note that the education materials entered in this unit are examples only.

We'll create a food prescription and issue benefits for the family. You may remember that we performed these last two steps in Unit 4. We hope that seeing these steps here again will assist you in becoming comfortable with Cascades. Your Unit 4 supplement may be helpful as an additional resource as you work your way through Unit 6.

Note: This Unit assumes the staff person is a certifier and a breastfeeding peer counselor. Only peer counselors can enter data into the breastfeeding peer counseling section. Other staff have read-only rights to this section. In a dual role, you will document the time it takes to complete the breastfeeding peer counseling section as a peer counselor. If you go on to provide any other WIC service, including prescribing and issuing food benefits, document your time as a CPA/certifier.

Terms and Definitions

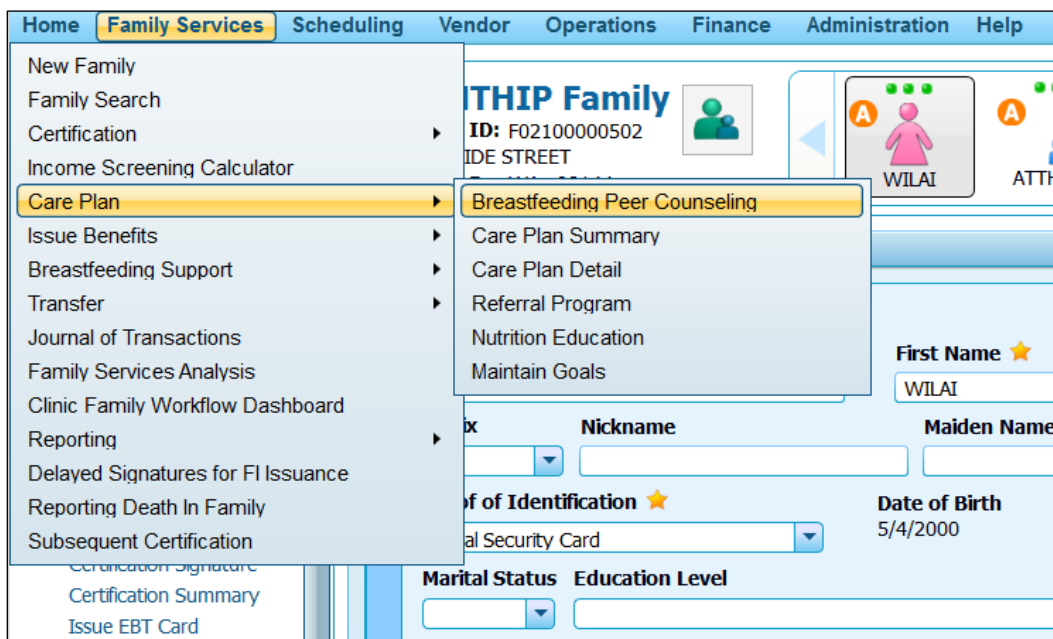
New System-specific Words or Definitions	
Breastfeeding Peer Counselor (BFPC)	<p>A BFPC will have different permissions based on their role. When a BFPC isn't providing other WIC services, they have:</p> <ul style="list-style-type: none"> • Screen Permissions that allow only screens related to breastfeeding peer counseling. • In this BFPC-only role they'll have Read-Only access to the certification and income eligibility screens.

New Ways to Look at Common Features

THE BREASTFEEDING PEER COUNSELING SCREEN

Get to the Breastfeeding Peer Counseling screen in three easy steps:

1. Click on **Family Services** in the menu bar.
2. Find **Care Plan** in the drop-down menu.
3. Click on **Breastfeeding Peer Counseling** in the second drop-down menu.



A Closer Look at the Breastfeeding Peer Counseling Screen

DIAMOND Family
 Family ID: F0210000582
 1111 MEMORY LANE
 OLYMPIA, WA 98501

INARUFF DIAMOND
 Participant ID: KS0210001028
 Age: 26 years and 5 months
 WIC Category: Breastfeeding Woman

Participant Breastfeeding and Birth Information

Mother Information

Participant Name: INARUFF DIAMOND Participant ID: KS0210001028

Breast Pump Provided: No Delivery Date: 11/14/2018

Medications During Labor Indicator: No

Infant Information

Participant Name: CLEAR DIAMOND Date of Birth: 11/14/2018 Participant ID: KS0210001029

Birth Weight: 8 lbs 9 oz Birth Length: 19.875 in Hospital Discharge Weight: [blank]

Gestation Weeks: 41 Age of Infant when supplement was given: Yes Age Infant Stopped Breastfeeding: [blank]

Participant Currently Breastfeeding?: Yes Participant Ever Breastfed?: Yes Breastfeeding Frequency: Every two hours

Ounces of Formula Consumed Per Day: 0 Reason Breastfeeding Stopped: [blank] Breastfeeding Data Collection Date: 12/14/2018

View-only summary of birth, delivery, and most recent BF information.

Breastfeeding Counselor Contact Information

Date of Contact: 12/15/2018 Location of Contact: [dropdown] Type of Contact: [dropdown]

Breastfeeding Topics Discussed

Education Materials Provided

Instructions Regarding Breastfeeding

Breastfeeding Peer Counseling History Records

Breastfeeding Information
PC Care Plan
Print Instructions
Save
Cancel

Use the **Instructions Regarding Breastfeeding** section for your BF notes and follow-up plan.

Here's where you'll document all breastfeeding contacts.

Previous notes are saved in the **Breastfeeding Peer Counseling History Records** section.

Breastfeeding Peer Counseling History Records Total Items: 2

Contact Date	Contact Location	Contact Type	Discussed Topics	Provided Materials	Breastfeeding Instructions
12/13/2018	Clinic	Clinic visit	Proper feeding methods	Instructions, Handout	Continue using the breastfeeding position that works best for you the straddling front facing
12/12/2018	Clinic	Clinic visit	Breastfeeding barriers	Handout	Continue offering Breastfirst than provide pumped Breastmilk. If Davonte is fussy at breast

Contact Date: 12/13/2018
Contact Location: Clinic
Contact Type: Clinic visit

Discussed Topics: Proper feeding methods

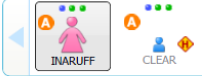
Provided Materials: Instructions, Handout

Instructions: Continue using the breastfeeding position that works best for you the straddling front facing position. If any concerns or questions please feel free to contact me at (360) 555-5555. If I do not answer leave a message and I will return your call as soon as I am available.

Comments:

Where Will You See Sticky Notes?

DIAMOND Family
 Family ID: F02100000582
 1111 MEMORY LANE
 OLYMPIA, WA 98501



INARUFF DIAMOND
 Participant ID: KS0210001028
 Age: 26 years and 5 months
 WIC Category: Breastfeeding Woman

Participant Breastfeeding and Birth Information

Mother Information

Participant Name	INARUFF DIAMOND	Participant ID	KS0210001028	Medications During Labor Indicator	No
Breast Pump Provided	No	Delivery Date	11/14/2018		

Infant Information

Participant Name	CLEAR DIAMOND	Date of Birth	11/14/2018	Participant ID	KS0210001029	Type of Delivery	Natural
Birth Weight	8 lbs 9 oz	Birth Length	19.875 in	Hospital Discharge Weight		Hospital Discharge Date	
Gestation Weeks	41	Age of Infant when supplement was given	Yes	Age Infant Stopped Breastfeeding		Reason Breastfeeding Stopped	
Participant Currently Breastfeeding?	Yes	Participant Ever Breastfed?	Yes	Breastfeeding Frequency	Every two hours	Breastfeeding Data Collection Date	12/14/2018
Ounces of Formula Consumed Per Day	0						

Breastfeeding Counselor Contact Information

Date of Contact ★

Location of Contact ★

Type of Contact ★

Breastfeeding Topics Discussed

Education Materials Provided

[Link to referral program](#)

Instructions Regarding Breastfeeding

Breastfeeding Peer Counseling History Records

Breastfeeding Information PC Care Plan Print Instructions Save Cancel

You can write sticky notes in the **BFPCC Contact Information** section.

They're stored in the **Comments** section of the **BFPCC History Records**.

Breastfeeding Peer Counseling History Records

Contact Date	Contact Location	Contact Type	Discussed Topics	Provided Materials	Breastfeeding Instructions	Total Items: 2
12/13/2018	Clinic	Clinic visit	Proper feeding methods	Instructions, Handout	Continue using the breastfeeding position that works best for you the straddling front facing	
12/12/2018	Clinic	Clinic visit	Breastfeeding barriers	Handout	Continue offering Breastfirst than provide pumped Breastmilk. If Davionte is fussy Breast	

Contact Date: 12/13/2018
Contact Location: Clinic
Contact Type: Clinic visit
Discussed Topics: Proper feeding methods
Provided Materials: Instructions, Handout
Instructions: Continue using the breastfeeding position that works best for you the straddling front facing position. If any concerns or questions please feel free to contact me at (360) 555-5555. If I do not answer leave a message and I will return your call as soon as I am available.

Comments

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The Buttons in the Right Bottom Corner of the BFPC Screen



If you make changes to the feeding status of an infant in your PC role, you must refer to the CPA to prescribe a new infant food package.

Mother	
Local Agency:	19 - ISLAND COUNTY PUBLIC HEALTH
Clinic:	ISLAND CPH-CAMANO ISLAND
Clinic Phone:	(360) 387-3587
Participant Name:	INARUFF DIAMOND
Date of Birth:	7/12/1992
Clinic Address:	127 NE CAMANO DR ST B, CAMANO ISLAND, WA 98282
Clinic E-Mail:	state@wic.net
Participant Address:	1111 MEMORY LANE OLYM 98501
Primary Telephone:	(253) 555-5551

BF Peer Counselor TIP!

Print any **Instruction Regarding Breastfeeding** notes on the **Print Instructions** tab before you save.

The system can't print instructions after you save. After saving, you can still print the Care Plan, which includes instructions you may want to give the participant.

INFANT FOOD PACKAGES

As a CPA, you enter formula use in the Health Info screen. As a peer counselor, you enter the formula use in the Breastfeeding Information screen. You don't need to update both screens, as both screens have the same information. Either way, Cascades chooses a benefits package with an appropriate amount of formula per month for the infant and the matching benefits package for the adult participant.

Breastfeeding participant and infant food packages are based on the amount of formula entered on the baby's Breastfeeding Information or Health Info screen. For example, when the baby is fully breastfeeding, Cascades automatically chooses the Fully Breastfeeding benefits packages for the dyad.

If, after some time, staff enters that the baby is no longer breastfeeding, the adult participant's category automatically changes from Breastfeeding to Non-Breastfeeding Postpartum. You'll see more information about creating infant benefits packages in the near future.

Breastfeeding Peer Counselors, please note that only CPA can prescribe benefit packages.

WIC Connects for Cascades

NUTRITION EDUCATION

Nutrition education is a core component of WIC services. At WIC, we offer nutrition education in a participant centered way, using WIC Connects skills. Cascades, like Client Services, has a list of nutrition topics from which you can choose. It can be tempting to discuss all of the relevant nutrition topics during an appointment. Remember to remain participant centered, and focus on just one or two topics. A nice feature of Cascades is that you can schedule topics for the future too. We'll cover how this works more in Care Plan training.

GOAL SETTING

You'll notice the Assigned Goals history field allows you to update a participant's previously set goals. This feature is a tool for staff to follow a participant's progression toward behavior change, and to track follow up conversations. The terms "assigned", "progressing", and "achieved" are for documentation purposes, and not meant for sharing with the participant.

Some examples of when you'd select these fields:

Assigned: The participant's set a goal or next steps: "I'm going to introduce a sippy cup to Tia this week. I'll start with a little water to avoid a big mess."

Progressing: Follow up on the participant's goal or next steps: "Tia is drinking out of a sippy cup at some mealtimes now. I put either breastmilk or water into the cup, and she enjoys breastfeeding too."

Achieved: "Tia thinks her sippy cup is great. She doesn't resist it at all now!"



WARNING!

These fields can't be changed after you save:

- Free-form Family Goals
- Food Package Prescriptions for the 1st Month of Life

